

SCHEDULE

Wednesday, May 19

7:00 pm to 10:00 pm Early Conference Registration

Thursday, May 20

7:00 am to 5:15 pm Conference Registration
 7:30 am to 8:15 am Continental Breakfast
 8:15 am to 9:45 am Welcome & Opening
 Keynote
 9:45 am to 6:30 pm Exhibit Hall Open
 9:45 am to 10:00 am Break
 10:00 am to 11:30 am Concurrent Sessions
 11:30 am to 12:30 pm Luncheon/Visit Exhibits
 12:30 to 1:45 pm Super Sessions
 1:45 pm to 2:00 pm Break
 2:00 pm to 3:30 pm Concurrent Sessions
 3:30 pm to 3:45 pm Break in Exhibit Hall
 3:45 pm to 5:15 pm Concurrent Sessions
 5:30 pm to 6:30 pm Ask the Expert Session in Exhibit Hall

Friday, May 21

7:00 am to 5:00 pm Conference Registration
 7:15 am to 8:00 am Breakfast in Exhibit Hall
 8:00 am to 9 am Super Sessions
 9:00 am to 9:15 am Break
 9:15 am to 10:45 am Concurrent Sessions
 10:45 am to 11:00 am Break
 11:00 am to 12:30 pm Concurrent Sessions
 12:30 pm to 1:45 pm Luncheon/Visit Exhibits
 1:45 pm to 3:15 pm Concurrent Sessions
 3:15 pm to 3:30 pm Break in Exhibit Hall
 3:30 pm to 4:45 pm Closing Keynote
 4:45 pm Conference Adjourned

CONFERENCE AT A GLANCE

Thursday, May 20, 2010

8:30 AM OPENING KEYNOTE

Promoting Recovery through Evidence-Based Practices

-- Robert Drake, MD, PhD

The Substance Abuse and Mental Health Services Administration states that “mental health services should have the goal of helping people achieve their personal recovery goals; develop resilience; and live, work, learn, and participate in the community. The emphasis on implementing evidence-based practices (EBP) stems from a consensus that a gap exists between what we know about effective treatments and the services currently offered. Several key reports call for closing the gap between what research tells us is effective and how services are delivered. Evidence based practices are services that have consistently demonstrated their effectiveness in helping people with mental illnesses and substance use disorders achieve their desired goal.” Consumers and families have a right to access effective services. Co-occurring treatment for psychiatric and substance use disorders, employment and housing will be important topics covered in the presentation by a nationally recognized expert in the field.

Presenter's bio: Robert E. Drake, MD, PhD is the Andrew Thomson Professor of Psychiatry and Community and Family Medicine at Dartmouth Medical School and the Director of the Dartmouth Psychiatric Research Center. He was educated at Princeton, Duke, and Harvard Universities. At Dartmouth for 26 years, he is currently Vice Chair and Director of Research in the Department of Psychiatry. He works as a community mental health doctor and researcher. His research focuses on co-occurring disorders, vocational rehabilitation, health services research, and evidence-based practices. He has authored/co-authored 22 books and over 420 papers.

Learning Objectives:

1. Participants will be able to define and explain evidence-based practices.
2. Participants will be able to define and operationalize shared decision making.
3. Participants will be able to identify the advantages of personalized medicine and information technology.

12:30 -1:45 PM SUPER SESSIONS

A Circle of Spiritual Guidance: Helping People with Addictions Move beyond the Spiritual Wading Pool

-- Prof. Linda Mercadante, PhD

Addiction is, in many ways, as much a spiritual as a biological disease. But must we make a sharp distinction between spirituality and religion? And what place do these two factors have in the counseling of recovering persons? We will explore the similarities and differences between spirituality and religion, some cultural trends pulling them apart, and how a counselor can help both religious and non-religious clients grow spiritually. Dr. Mercadante will introduce her "Circle of Spiritual Guidance" to help addicts and recovering persons move beyond the spiritual "wading pool" and learn to "swim" toward spiritual maturity.

Presenter's Bio: Dr. Mercadante has been teaching about the spiritual roots of addiction and recovery for nearly 25 years. She speaks internationally, has consulted with NIH, and works with recovering persons, clergy and students, focusing on creating a healthy belief system for both prevention and recovery. Ordained in the Presbyterian Church (USA), she holds the Ph.D. from Princeton and is the author of four books and many articles including *Victims & Sinners: Spiritual Roots of Addiction & Recovery* -- which *Publisher's Weekly* called the "most profound" book on the theology of addiction. More information can be found at www.healthybeliefs.org.

Learning Objectives:

Understand the connection between spirituality and religion, why people separate them, and the role they play in addiction and recovery.

Identify the key points on the "Circle of Spiritual Guidance" to help addicts move out of the spiritual "wading pool" and into a deeper encounter with the spiritual.

Explore ways this "Circle" can help the spirituality of both religious and non-religious clients.

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Employment: Work to Recover

--David Lynde, MSW, LICSW

Evidence-based supported employment is a well-researched approach to helping people who are recovering from mental illness. Supported employment (SE) is effective with individuals of all ages, from young to older adults. It works in urban and rural communities. In fact, regardless of the economy, people with mental illness are more likely to find jobs if helped by a supported employment program than any other type of vocational service. Work is an essential ingredient to recovery. Learn about the evidence, core principles and basic strategies of SE.

Presenter's bio: David Lynde, MSW, LICSW, is the Co-Director of the Dartmouth Evidence-Based Practices Center at the Dartmouth Psychiatric Research Center. In this capacity, David provides technical assistance, consultation and training regarding the implementation and sustaining of Evidence-Based Practices (EBPs) to state mental health systems, county mental health systems and community mental health centers across the country including the Veterans' Administration. David worked actively in all phases of the National Implementing Evidence-Based Practices Project in multiple positions. He is a member of the core team for the Johnson & Johnson—Dartmouth Community Mental Health Program, a cooperative partnership to facilitate the implementation of Evidence-Based Supported Employment Services in numerous states.

David is one of the co-editors of *Evidence-Based Mental Health Practice: A Textbook*, along with Dr Robert Drake and Matt Merrens from the Dartmouth Psychiatric Research Center.

David has been an adjunct member of the Social Work faculty at the University of New Hampshire where he has taught graduate and undergraduate courses in working with people with mental illnesses. David has also been a lecturer at the Boston University School of Social Work where he has taught graduate courses in mental health policy.

David has over two decades of experience working in a variety of clinical, supervisory and administrative positions; as well as providing training and consultation in Community Mental Health Services.

Learning Objectives:

Explain the evidence behind supported employment.

Describe the connection between supported employment, recovery, and competitive employment.

Explain the core principles of supported employment.

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Substance Abuse and Child Welfare: An Overview of the Issues and Models of Reform

-- Nancy Young, PhD

This session will provide information on national and State level trends and current efforts in providing services to families affected by substance use disorders who are involved in the child welfare system and family courts. Dr. Young will review common barriers and strategies for linking court, treatment and child welfare and will introduce different models of collaborating. Collaboration that integrates evidence-based practices within substance abuse treatment, child welfare and the courts can lead to positive outcomes for families. Information on systems level screening, assessment, engagement and retention policy and practice models developed will be discussed.

Presenter's bio: *Nancy K. Young, Ph.D.* is Director of Children and Family Futures, a California-based research and policy institute that works to improve outcomes for children and families, particularly those affected by alcohol and other drugs and involved in the welfare and child welfare systems. She currently serves as the Director of the federally-funded National Center on Substance Abuse and Child Welfare, which provides technical assistance to states in support of their efforts to enhance cross-system collaboration for the benefit of affected families, and develops and disseminates information on advances in policy and practice in this field. She also serves as the Director of the federally-funded Regional Partnership Grantee Support Contract, which provides guidance and technical assistance to grantees striving to improve safety and permanency outcomes for children affected by methamphetamine or other substance abuse.

She has been involved in numerous projects related to alcohol and other drug issues in the welfare and child welfare systems. These projects include: development of a CSAT-funded technical assistance publication on substance abuse and child welfare; a report on policy issues and effectiveness of substance abuse treatment for welfare reform published by the National Association of State Alcohol and Drug Abuse Directors (NASADAD); development of a guidebook for state welfare and substance abuse directors on the substance abuse implications of welfare reform; and the development of a policymakers guidebook on substance abuse issues for the Child Welfare League of America titled *Responding to Alcohol and Other Drug Problems in Child Welfare*. Over the past seven years, Dr. Young has worked as a consultant to over 30 states and regional offices on prevention and treatment issues affecting families involved with welfare and child welfare.

Prior to her current position with Children and Family Futures, Dr. Young served as research consultant to the Directorate of the State of California Department of Alcohol and Drug Programs. During her tenure, she led a consensus effort to develop a statewide outcomes monitoring system in California. Additionally she consulted on the development and was primary author of the California's TOPPS II application, CalTOP. She successfully built political support within the state's alcohol and drug administrators and the new state

administration to convert CalTOP into an on-going outcomes monitoring system to be implemented as CalOMS.

Dr. Young is a graduate of Cal State Fullerton and received a Masters of Social Work degree and her Ph.D. from the USC School of Social Work. During her doctoral studies, she was the recipient of a pre-doctoral fellowship with the National Institute on Drug Abuse focused on the public policy and research issues affecting children of substance abusers.

Learning Objectives:

1. Compare state and national trends in child welfare and substance abuse treatment data
2. List common barriers and strategies for substance abuse treatment, child welfare and court collaboration.
3. Identify common models of collaboration

COMPULSIVE GAMBLING CONCURRENTS (Thursday)

10:00 to 11:30 am

Interventions for Individuals Who Gamble Compulsively

--Thomas Talley, BCI, NCGC

This session will cover the following such as identifying the problem, uncovering the needs, and motivating the client; overview of the intervention process; process preparation; and intervention day.

Presenter's bio: Mr. Talley is a family interventionist and compulsive gambling counselor at Windmoor Healthcare in Clearwater, Florida. He has worked in the addictions field for more than two decades, and has been active in Gamblers Anonymous and Alcoholics Anonymous for the last 30 years. In addition to completing Levels I, II and III of Systemic Family Intervention Training at the Speare-Raiter Institute, Mr. Talley has traveled across the United States as an Interventionist, providing services and support to persons in need, as well as conducting training and presentations in the field.

Mr. Talley obtained his national certification as a compulsive gambling counselor more than 10 years ago. He has been a member of NAADAC, the Association of Addiction Professionals, and serves as Vice President of the Florida Council on Compulsive Gambling's Board of Directors.

Learning Objectives:

List the objectives to intervene on the compulsive gambler
Describe the components of the intervention process.

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2:00 to 3:30 pm

Dealing with the Finances of Individuals Who Gamble

-- Thomas Talley, BCI, NCGC

Probably the most important part of the gambler's and family's recovery is to have a method of dealing with the finances and the pressures associated with them, such as unemployment, family and other relationships. Mr. Talley will be discussing the importance of a pressure group meeting with hands on materials. These will include materials from Gambler's Anonymous and Consumer Credit Counseling. He will be discussing the fact that "money is the drug of gamblers," and the importance of getting the money out of the gambler's hands. This is paramount for any recovery. Through his presentation Mr. Talley will give personal experience of over 35 years in recovery from this disease.

Presenter's bio: See Mr. Talley's bio above.

Learning Objectives:

To learn more about the financial problems associated with the compulsive gambler
To learn specific techniques to find out where the money is
To understand how to address issues of budgeting and control of money with the family and the individual

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3:45 to 5:15 pm

Couples in Gambling Counseling

-- Jerry Bauerkemper, BS, CCGC

Working with couples experiencing problems with gambling requires an understanding of couples group therapy and a sense of what kinds of issues are prevalent. Timing of couples work is also very important. This workshop will give you a framework for starting a couples group and/or doing couples therapy for problem gambling families. This framework can also be adapted to substance abuse groups.

Presenter's bio: Jerry Bauerkemper BS, CCGC, is the Executive Director of the Nebraska Council on Compulsive Gambling. Mr. Bauerkemper was the first director of problem gambling (1992 to 1996) for the state of Nebraska where he created the Gamblers Assistance program and pioneered the treatment of gambling counseling in Nebraska. In addition he was appointed and served on the Nebraska's Commission on Problem Gambling. He served on the Board of Directors for the National Council on Problem Gambling from 2001-2008. He currently serves on the National Councils' Legislative committee where he helps raise awareness of problem gambling in Washington DC. Mr. Bauerkemper has been providing counseling to gambling families since 1986. He has published research on the prevalence of problem gambling in the Nebraska Probation Department. He received the "First Step" award in 1999 for his work with problem gamblers. Mr. Bauerkemper is a nationally recognized expert on problem gambling and has provided training throughout the United States.

Learning Objectives:

Participants will identify the five areas most couples need to address in gambling counseling
Participants will be able to develop a framework for a couples group that covers the five essential areas of need in gambling couples recovery
Participants will be able to understand the need for couples' therapy in the recovery of the pathological gambling disorder

Co-occurring Disorders Concurrents (Thursday)

10:00 to 11:30 am

Stage-wise Treatment for People with Co-occurring Disorders

-- Melinda Fox, MA, LADC

This workshop will discuss the high co-occurrence of substance use disorders in people with mental illness and describe treatment from a motivational perspective. Change is difficult for everyone, but presents a special challenge for people with co-occurring disorders, so it is important to understand the change process and take a stage-wise approach in the treatment of people with COD. The different stages will be described as well as interventions for each stage.

Presenter's bio: Lindy Fox, M.A., L.A.D.C., is a Research Associate at the Dartmouth Psychiatric Research Center. She has worked extensively on several research projects examining the effectiveness of treatment for people with serious mental illnesses and substance use disorders. Working with Robert Drake, Ph.D., M.D., she has been involved in research, diagnostic assessments, treatment modalities, and teaching. She also has a great deal of clinical experience providing group and individual treatment to consumers with dual diagnoses.

Ms. Fox has also worked for several years with Kim Mueser, Ph.D. on family work with dually disordered clients and their families. This has been both research and clinical work. She has worked with families, done family assessments, and trained clinicians and interviewers in family work.

Also, working with Dr. Mueser she has trained and supervised clinicians in the Evidence Based Practice, Illness Management and Recovery (IMR). Ms. Fox trained clinicians to use IMR to work with individuals and groups in outpatient, inpatient, and residential settings.

Currently working with the Evidence Practices Center at Dartmouth, she is involved in EBP consultation, training and supervision.

Her expertise has been gained through a combination of formal education, personal experience, and professional focus. She has been a recipient of the services she now participates in designing and evaluating. As a result of this unusual combination of personal and professional experience, Ms. Fox brings sensitivity, humor, and extensive knowledge to this challenging field of working with people with both serious mental illnesses and substance use disorders.

She has consulted throughout the United States and in other countries including Australia, Canada, England, and Sweden. She has co-authored a book and many articles on the subject of dual disorders, and is on the faculty at Dartmouth College in the Department of Psychiatry.

Learning Objectives:

Define integrated treatment.

List the stages of change/treatment.

List at least one intervention for each stage.

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2:00 to 3:30 pm

Integrated Care and Dual Recovery Anonymous Leadership Training

-- Lauren Moyer, LMSW, CCDP-D; Craig S. Miner, MA, LPC, CASAC, CCDP-D; Nancy Perry, MSW, RTC; Tim Hamilton; Betty Hamilton

Integrated Care for persons with mental illness and co-occurring substance abuse disorders is a nationally-recognized best practice. Dual Recovery Anonymous (DRA) targets individuals and families with co-occurring needs. The panel will describe the circumstances and conditions leading to the development of Integrated Care and DRA in Missouri. It will summarize the basic principles that encompass Integrated Care and DRA, including the growth of programming both in Missouri and nationally. Specifically, the components of the Comprehensive Continuous Integrated System of Care (CCISC), created by Drs. Kenneth Minkoff and Christie Cline, will be discussed. The panel will review the steps that need to be taken to create an integrated system of care both organizationally and state-wide. Tim Hamilton will present on the topic of DRA Leadership training for consumers and peer-specialists, specifically how to start and sustain a DRA group. Hosting regional DRA Leadership Conferences is one of the current focuses of the Missouri CADRE.

Presenters' Bios: The Missouri CADRE for Co-Occurring Excellence formed in 2008 and has positioned itself as a change leader to "unite, shape, and change our system of care so that it becomes more responsive to individuals and families with co-occurring issues and needs. Tim and Betty Hamilton are the founders of Dual Recovery Anonymous/ Dual-anon which began in Kansas City in 1989. Craig Miner is the Integrated Treatment Director for Places for People in St. Louis. Nancy Perry is the Co-occurring Disorders Change Agent for Preferred in Hannibal, MO. Lauren Moyer is the Special Projects Director for ReDiscover in Kansas City, MO.

Learning Objectives:

Identify eight principles of evidence-based treatment intervention upon which to base the design of a comprehensive, continuous, integrated system of care.

Describe the components of a Comprehensive Continuous Integrated System of Care (CCISC)

Define what Dual Recovery Anonymous (DRA) is, what the requirements are, and what to expect at the two-day DRA Leadership conference for consumers and peer-specialists.

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3:45 to 5:15 pm

Presenter: Joseph Parks, MD

PREVENTION CONCURRENTS (Thursday)

10:00 TO 11:30 AM

Catch Them before They Fall: Implementing SBIRT Services in Missouri

--Barbara Keehn, RN, BSN, Matthew Hile, PhD, Jeffrey Noel, PhD

The Screening, Brief Intervention and Referral to Treatment (SBIRT) program is designed to identify individuals engaged in risky health behaviors, to provide education on the impact of their lifestyle choices on health, and to reduce future health care costs. We will describe the successful implementation of SBIRT services in various health care settings throughout Missouri. Further, we will discuss the specific evidence-based practices that are utilized and the technology that supports the process.

Presenters' bios:

Barbara Keehn, RN, BSN, is the MIMH SBIRT Project Director. She has over 34 years of clinical and administrative experience in substance abuse and mental health treatment. She provides oversight and direction for the project. Ms. Keehn has been the PI on three federal grants: Target Cities, SCY, and Mental Health Jail Diversion

Matthew Hile, PhD, is a Research Associate Professor and Director of the MIMH's Behavioral Health Division and Behavioral Informatics. His numerous automated systems include the (ISAP), Missouri's standardized assessment and outcome tracking system for substance abusing individuals. Web based projects include an interactive screening and referral system for adolescents (ScreenMO.org), and adults (SAMHI.mimh.edu). Additionally, he leads MIMH's support of Missouri's Robert Wood Johnson Advancing Recovery project. As such, he has developed a rich understanding of CQI

Jeffrey Noel, PhD, is a Research Assistant Professor at MIMH. He has served as Evaluation Director on a number of federally-funded projects. In addition to his work as part of the MOSBIRT evaluation team, Dr. Noel is currently Evaluation Director for a CSAP-funded Minority Substance Abuse, HIV and Hepatitis Strategic Prevention Framework (SPF) grant. He is also evaluating a school-based alcohol prevention program funded by the U.S. Department of Education.

Learning Objectives:

Understand:

- The Screening, Brief Intervention and Referral to Treatment process
- The Evidence-Based Practices used (e.g. MET/CBT, FRAMES, ASSIST)
- How SBIRT services are integrated in health care settings in Missouri
- The technology that supports Missouri SBIRT services

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2:00 to 3:30 am

On-line Prevention...Enhancing In-Person Interventions: *The Alcohol eCHECKUP TO GO (e-CHUG)*

--Douglas Van Sickle, PhD

Developed by psychologists at San Diego State University, the *Alcohol eCHECKUP TO GO* is an online brief personalized feedback tool that has been shown to significantly reduce destructive drinking and alcohol related harms in 11 independent controlled studies. Currently used internationally on nearly 600 College and High School campuses, the program has also been tailored for use by community health and wellness organizations, clinics, hospitals and in private practice settings. The program itself will be demonstrated;

showing how the techniques of Motivational Interviewing, Social Norms Feedback, and Brief Personalized Interventions are integrated into the approach. Participants will be provided free access to the program; allowing them to evaluate its usefulness in their own communities with their unique populations and purposes. This presentation will review the outcomes research and show how the program has been used successfully for prevention at the community/ population-level and as an intervention at the personal-level.

Presenter's bio: Dr. Van Sickle is currently the Project Director for the San Diego State University Research Foundation's not-for-profit eCHECKUP TO GO programs; Dr. Van Sickle is a licensed psychologist who previously served as the Director of Counseling & Psychological Services at San Diego State University for 17 years. Dr. Van Sickle received his B.S. in Psychology from the University of Washington (1968); his Masters Degree in Clinical Psychology from Bradley University (1971) and his Ph.D. in Counseling Psychology from the University of Utah (1975).

Learning Objectives:

- 1) Participants will learn how to use a brief personalized online feedback tool as a prevention program at the community/ population-level and as an in-person intervention to facilitate one-on-one motivational interviewing sessions.
- 2) Participants will learn how the techniques of Motivational Interviewing, Social Norms Feedback, and Brief Personalized Interventions can be successfully integrated into online approaches.
- 3) Participants will learn why traditional educational approaches to preventing and reducing alcohol use and abuse can be ineffective; and how brief online personalized interventions can strengthen prevention efforts.

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3:45 to 5:15 pm

FAITH-BASED RECOVERY SUPPORT CONCURRENTS (Thursday)

10:00 to 11:30 am

Companionship: Faith Based Support for Healing, Recovery and Wholeness

--Chaplain Craig Rennebohm, D. Min.

Companionship is a response to suffering which offers basic human support and spiritual care for the healing journey, especially with individuals who are profoundly isolated, fragile or vulnerable. We will explore how mental illness, substance abuse and trauma impact health and faith, and demonstrate the role of companionship in encouraging trust, recovery and well being. Participants will discover how to build on their capacity for sensitivity, compassion and concern to offer companionship through five basic practices: hospitality, neighboring, a side by side stance, listening and accompaniment. The session will conclude with a discussion of how to help a person in recovery create a circle of care and share in a life of healing community.

Presenter's bio: For the last 23 years Craig Rennebohm has worked on the streets of Seattle, WA supporting homeless individuals facing mental illness, substance abuse and trauma in the journey of healing and recovery. Craig has drawn on his training in parish ministry, psychiatric hospital chaplaincy and pastoral counseling to develop a model of spiritual care rooted in the practice of "presence," and companionship. He is an ordained UCC minister, a consultant to Pathways to Promise, a national, interfaith mental illness ministry resource, an advisory board member for NAMI Faithnet, and author of *Souls in the Hands of a Tender God*.

Learning Objectives:

Participants will be able to define companionship, describe the healing process which companionship supports and locate the role of companionship in the recovery journey.

Participants will be able to name and use the five basic practices of companionship in response to the suffering of a fellow human being.

Participants will learn a four “movement” group process which provides ongoing support for the practice of companionship in a wide range of settings.

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2:00 to 3:30 pm

Availing the Seed of Faith in Substance Abuse in Treatment, Recovery Support and Re-entry Programs

--Rev. Ladell Flowers, MEd, RSAP

Treatment and clergy experts, along with Recovery Support advocates, have long understood the importance of using spiritual and/or faith principles in the healing and restoration process of recovering addicts and men and women who are re-entering society after incarceration. National statistics indicate that more than 70% of the US population professes some type of faith-based value or belief. A significant amount of that population will respond positively to faith principals in their treatment, recovery, and/or re-entry efforts. This course will review and explore specific ways to avail faith-based screening, referral and counseling techniques that have proven to be effective for these populations.

Presenter's bio: Ladell M. Flowers is the Executive Director of Dismas House of Kansas City, Inc., a state certified outpatient substance abuse treatment center. Dismas House KC also operates a faith based outpatient recovery support program. Rev. Flowers is a licensed and ordained minister and currently serves as assistant pastor of Heart of America Christian Fellowship Ministries in Kansas City, Missouri. He has Master's degrees in Secondary Education and Psychological Guidance and Counseling. He also has the following certifications; RSAP, SQP, CCJP, ICCJP, with the Missouri Substance Abuse Professional Credentialing Board and is currently pursuing a Doctorate in Scriptural Psychology at Heart of America Christian Bible College and Theological Seminary which is accredited by Kingsway International Fellowship. Reverend Flowers has thirty (36) years of field experience in the areas of corrections and re-entry program services with a faith based approach. He also serves as an adjunct faculty of the social science department of Penn Valley Community College.

Learning Objectives:

Participants will explore a universal definition of and importance of faith as it relates to substance abuse treatment, recovery support services and re-entry services.

Participants will review two effective spiritual life skills counseling techniques that can be used to integrate faith with substance abuse treatment, re-entry services, and recovery support services.

Participants will review effective techniques for screening and referring individuals to appropriate faith-based services that are sensitive and supportive to treatment, re-entry and recovery support services.

12 Core Functions used: Screening, Referral, Treatment Planning, and Consultation

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3:45 to 5:15 pm

Spiritual Roots of Addiction and Recovery: Theology, Healthy and Unhealthy

--Prof. Linda Mercadante, PhD

Dr. Mercadante's motto is “Bad theology kills” – because it can. It is crucial to remember that when counseling religious clients, especially Christians, there are ways that theology can help or inadvertently hurt their recovery. Learn the basic principles of healthy and unhealthy faith-based recovery theology. Explore the resources you can draw upon to help people of faith prevent or recover from addiction and related problems.

Presenter's bio: Dr. Mercadante has been teaching about the spiritual roots of addiction and recovery for nearly 25 years. She speaks internationally, has consulted with NIH, and works with recovering persons, clergy and students, focusing on creating a healthy belief system for both prevention and recovery. Ordained in the Presbyterian Church (USA), she holds a Ph.D. from Princeton and is the author of four books and many articles including *Victims & Sinners: Spiritual Roots of Addiction & Recovery* -- which *Publisher's Weekly* called the "most profound" book on the theology of addiction. More information can be found at www.healthybeliefs.org.

Learning Objectives:

Identify the four major components of faith-based recovery theology.

Identify healthy and unhealthy ways of presenting these principles to addicts and recovering persons, especially those who are Christian.

Have ready resources for counseling people of faith who struggle with addiction and recovery.

CHILDREN, YOUTH, AND FAMILIES CONCURRENTS (Thursday)

10:00 to 11:30 am

Psychotropic Use in Children and Adolescents

--Laine Young-Walker, MD

Commonly used psychotropic medications in the child and adolescent population will be addressed focusing on the disorders they treat, medication side effects and benefits of use.

Presenter's bio: Dr. Young-Walker earned her MD degree at the University of Missouri-Columbia. She completed a General Psychiatric Residency Program and Child/Adolescent Psychiatry Fellowship at the University of Missouri-Columbia. Currently she is the Associate Medical Director of the Missouri Department of Mental Health.

Learning Objectives:

List commonly used psychotropics in the child/adolescent population

List benefits of use of psychotropics

Understand common side effects of psychotropics

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2:00 to 3:30 pm

Missouri School-wide Positive Behavior Support

--Mary Richter, PhD, Julia LePage, MS, BCBA

School-wide Positive Behavior Support (SW-PBS) is a proactive approach to put strategies in place for all children while building in support for those at risk for and/or those who receive special education services for behavior. Presenters will provide information about how schools implement SW-PBS and how Missouri supports implementation on the three-tiered intervention.

Presenters' bios:

Dr. Richter is the Missouri state coordinator for SW-PBS. She coordinates the activities and training for the regional consultants, and works closely with the Missouri Department of Elementary and Secondary Education (DESE) and the Missouri University Center for PBS to facilitate the growth and purposeful implementation of SW-PBS in Missouri. She is dually certified in general and special education, as well as administration, and

has served in each of these capacities throughout her career. She also serves as an adjunct professor for the University of Missouri.

Julia LePage is the Director of Effective Practices, Division of Special Education with the Missouri Department of Elementary and Secondary Education (DESE). She serves as the SW-PBS Contact for the State Department of Education. Ms. LePage holds a Masters of Science Degree in Behavior Analysis and is certified by the Behavior Analyst Certificate Board (BACB).

Learning Objective:

Describe SW-PBS and how implementation is supported in Missouri.

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3:45 to 5:15 pm

Bright Futures: Building Community Capacity for Prevention in Mental Health

--Bruce Horwitz, PhD, Ed Morris, PhD

Show Me Bright Futures is an initiative designed to build community capacity to implement a public health model to promote children's mental health. The project has several phases including:

1. Development of sustainable, collaborative community teams of stakeholders
2. Development of systematic community assessment and surveillance of key indicators for children's mental health
3. Analysis of indicators to identify priority issues
4. Implementation of population based, prevention oriented projects that produce objective, measurable results.

The Department of Mental Health is the lead for several state agencies and organizations that have collaborated for several years to develop the Show Me Bright Futures initiative. Current efforts are supported by a three year grant from the Missouri Foundation for Health and the Transformation Grant. Initial pilot sites – Moberly, Rolla and Joplin – were selected in cooperation with the Children's Trust Fund to build on their success in implementing Community based Child Abuse Prevention projects.

Presenters' bios:

Bruce Horwitz, PhD is an Assistant Professor with the Missouri Institute of Mental Health, University of Missouri School of Medicine, with extensive experience in providing and administering community mental health services. Dr. Horwitz is now engaged in several research and demonstration projects focusing on prevention efforts for mental health and substance abuse issues.

Dr. Ed Morris is on the faculty of the University of Missouri and active in projects promoting children's mental health. Dr. Morris has served as the Director of Children's Services for the Department of Mental Health and has extensive experience helping communities develop integrated systems of care.

Learning Objectives:

1. Learn the factors underlying the need for a paradigm shift in mental health services from individual to population based prevention
2. Learn the basic elements of the public health model
3. Learn the opportunities and challenges in building community capacity for prevention.

CRIMINAL JUSTICE CONCURRENTS (Thursday)

10:00 TO 11:30 AM

Blame

--Guy Wheeler, MSW, CAP, CCJAP

Aren't you tired of defendants blaming you and the world for their problems and mistakes? Aren't you tired of defendants proclaiming to be the victim (after committing a crime)? Well, Guy confronts this powerful denial

process by discussing the global underline implications of why defendants use blame, and how we must combat it. While staff angrily confronts blame by pointing to defendants' excuses, lack of responsibility, and laziness, the defendants consciously or unconsciously ignores their true causations of their behavior to avoid the real issue. This session exposes this annoying issue through the three stages of blame causation with the concept leading toward defendant personal responsibility.

Presenter's bio: Guy A. Wheeler, MSW, CAP, CCJAP, is the CEO/President of Guy A. Wheeler Group of Fort Lauderdale Fla. He currently runs a criminal justice outpatient programs for juveniles and adults. He is considered an expert around the nation in area of treatment, consulting, and training. He currently has three training videos that are sold nationwide. Guy's newest venture was designing a Criminal Justice Psycho-education Program (CCJP) for the Seventeenth (17) Judicial Circuit of Broward County, Fla. Broward's Misdemeanor (Marijuana) Drug Court. He also works with re-entry offenders for the OIC program of Broward County.

Before starting his company in 2002, Guy Wheeler served as Administrator and Assistant Director (equivalent to a Major) of the Broward Sheriff's Office Department of Community Control. In 1991, he brought the new Drug Court concept to Broward County officials, and Broward became the third drug court in the nation. As Director of Broward's Drug Court Treatment, Guy also directed a city jail program called ATACC Program (Alternative Treatment Against Crack Cocaine). Known for being creative, he started Florida's first day treatment program for mostly Crack Cocaine addicts and offenders. To connect this program with the Sectarian community, Guy motivated the ecumenical community to provide adjunct support services for addicts. The ecumenical community responded and they collectively started a program called "Churches in Action". Because of Churches in Action successful outcomes, Guy was motivated to later pursue and obtain a Doctorate of Divinity from Jacksonville Theological Seminary.

He has a Master's Degree of Social Work from Barry University with specialization in Mental Health. He earned a Bachelor's Degree in Forensic Studies from Indiana University, and he is dual certified as a Criminal Addiction Professional (CAP) and Criminal Justice Addiction Professional (CCJAP).

Learning Objectives:

Learn the three stages of blame

Understand why blame is emotionally deadly.

Obtain techniques to assist defendants from blame to responsibility.

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2:00 to 3:30 pm

Community-based Recovery for Individuals with Mental Illness Who Have Broken the Law

--Gayla Harken, MS; Sandra Hammond, LPN,; Ron Christensen, MS; Maureen McClain, BA, and Amy Peters, MS

Story County Community Life Program has been working with persons who are involved in the criminal justice system for a number of years. We are presently in the second year of a Bureau of Justice grant that diverts persons from jail to services and continue to work with offenders with mental illness as they re-enter the community. This presentation would highlight the efforts necessary to coordinate services in the community from a systems, funding, and programming perspective and offer practical information about engaging the client in their recovery process.

Presenters' bios: Story County Community Life Program is a community based agency that provides supports to persons with disabilities to live, learn, work, and socialize in the community of their choice. Services are based on the psychiatric rehabilitation model. www.storycounty.com

Gayla Harken, Director. 30 years experience: She earned her MS Degree in Rehabilitation Counseling with emphasis in psychiatric rehabilitation from Boston University.

Ron Christensen, Assistant Director with 20 years experience. He earned his MS Degree in Rehabilitation Counseling with emphasis in psychiatric rehabilitation from Boston

Maureen McClain, Rehabilitation Support Manager, has 25 years of experience. Maureen has a BA degree in Management and Human Resources from Simpson College

Amy Peters, Jail Diversion Program Intensive Case Manager and Day Services Team Leader. She received her MSW degree from University of Kansas School of Social Welfare.

Sandra Hammond, Residential Manager Story County Community Life, CPRP, LPN. Sandra has 30 years experience in Mental Health field.

Learning Objectives:

Participants will be able to identify what partnerships need to be established in order to successfully support mentally ill offenders.

Participants will be able to recognize barriers associated with providing recovery oriented services to mentally ill offenders.

Participants will be able to identify effective interventions for providing recovery oriented services to offenders who have mental illness.

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3:45 to 5:15 pm

Working with the 18-25 Year Old

--Guy Wheeler, MSW, CAP, CCJAP

Working with the 18-25 year old is for clinicians, police-officers, probation officers, and policy makers who work with this challenging but untapped population. An overview of the latest in practice techniques, cultural tools, and research will be provided. The topic will mainly focus on the Innovative Marijuana Drug Court.

For Mr. Wheeler's bio, see 10:00 to 11:30 am session in Criminal Justice track.

Learning Objectives:

Understand how the youth lifestyle manipulates the youth culture to a life of crime.

Understand the thinking, attitudes, and behavior of young adults in the criminal justice system.

Understand how acute stress and adjustment disorders affect this population.

Understand the psychology of emerging adulthood. What is known, and what remains to be known?

Learn new techniques of how to educate 18-25 years marijuana users about the drug.

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TRAUMA CONCURRENTS (Thursday)

10:00 TO 11:30 am

Inside the Brain: Traumatic Brain Injury

--Dawn Tish, MEd, CBIS, AAETS

Explains TBI, causes and consequences; gives compensation strategies for deficits that result from TBI: physical, mental, emotional, and behavioral; looks at diagnosis/screening tools, touches on TBI and substance abuse; examines TBI in the military, including current research; and gives suggested readings, resources in Missouri, and other avenues of information.

Presenter's bio: Ms Tish has a BA in Sociology and a BA in Criminal Justice from Iowa Wesleyan College; a Masters in Education in Counseling and Personnel Services from the University of Maryland; and a certificate of Deaf Studies from Maple Woods College. She is a member of the American Academy of Experts in

Traumatic Stress (AAETS); listed in the Registry of National Center for Crisis Management; and is nationally certified as Brain Injury Specialist (CBIS). Ms Tish has experience in various areas, including: Juvenile Justice, Domestic Violence, Victim Assistance, Vocational Rehab, and Substance Abuse. Ten years experience working with those with disabilities, particularly traumatic brain injury (TBI).

Learning Objectives:

Define TBI, causes and consequences, and access a wealth of brain injury resources

Discuss brain functions and observed problems when it's injured

Utilize effective communication, strategies, and interactions with persons with brain injury in various situations

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2:00 to 3:30 pm

Seeking Safety: An Integrated Treatment Model for PTSD and Substance Use Disorders

--Marshall Rosier, MS, CAC, LADC, MATS, CCDP-D

Seeking Safety is an integrated treatment model designed for people in recovery from posttraumatic stress disorder (PTSD) and co-occurring substance use disorders. Presented in a treatment manual format, Seeking Safety is rapidly becoming a widely used and flexible treatment model. This workshop will begin by defining the prevalence of PTSD and its co-occurrence with substance use disorders and will feature a presentation of some of the key issues related to implementing this model within an organization. Scope of practice issues, staff training and clinical supervision will also be considered.

Presenter's bio: Marshall Rosier, MS, CAC, LADC, MATS, CCDP-D is the Executive Director of the Connecticut Certification Board (www.ctcertboard.org) and is a published author, consultant and lecturer specializing in medication assisted recovery and co-occurring substance use and mental disorders. Marshall obtained his graduate degree from Yale University and over the last 20 years has worked in diverse academic and treatment settings.

Learning Objectives:

- Identify three clinical treatment issues related to providing services to people with a history of trauma and substance use disorders
- Explain the Seeking Safety model and how to implement in a clinical setting
- Identify three helpful resources they can be used to implement Seeking Safety

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3:45 to 5:15 pm

Trauma-Informed Crisis Stabilization Services for Children, Adolescents, and Families: A Family-based Approach

--Ryan Lindsay, LCSW; Nancy Spargo, AM, LCSW

Crisis Stabilization Services are an essential component of any mental health service delivery system. This presentation will provide an overview of a trauma-informed, family-based crisis stabilization model for children, adolescents and families. This model emphasizes building on the strengths of each family and individual, integrating evidenced-based strategies into a time-limited program, while focusing on stabilization as well as providing tools to set the stage for later treatment. Constructs from Motivational Interviewing, Cognitive Behavior Therapy, Dialectical Behavior Therapy, Trauma Treatment, and Crisis Strategies are integrated to create a comprehensive program for crisis stabilization, family preservation, and skill development.

Presenter's bios: Nancy D. Spargo, AM, LCSW, is the Executive Director and Co-Founder of the St. Louis Center for Family Development, LLC. Ms. Spargo has spent the past 29 years working with abusive family systems. Trained as a Clinical Social Worker and Family Therapist, Ms. Spargo provided direct service to a variety of populations including immigrants and refugees, LGBT (lesbian, gay, bisexual, and transgendered), and homeless youth and adults until moving to St. Louis in 2003. Ms. Spargo's career is characterized by systems integration and program development for marginalized populations with a focus on trauma. She has

worked within the child welfare, mental health, domestic violence, and substance abuse systems.

Ryan R. Lindsay, MSW, LCSW, is the Clinical Director and Co-Founder of the St. Louis Center for Family Development, LLC. Mr. Lindsay has extensive experience working with and implementing programs for individuals with emotion dysregulation disorders and the use of Dialectical Behavior Therapy. Mr. Lindsay has spent the bulk of his career utilizing mindfulness based treatments for the treatment of psychological and emotional distress. His past positions include co-founding the Ann Arbor DBT Center, team leader of a Multi-Family DBT Program for Adolescents, and work with chronically mentally ill populations.

Learning Objectives:

1. Understand the need for a family-based approach to Crisis Stabilization Services
2. Articulate a program model that integrates a trauma-informed approach
3. Bring the structural components of a family-based, trauma-informed approach to Crisis Stabilization Services back to existing programming.

RECOVERY MANAGEMENT TRACK (Thursday)

10:00 to 11:30 am

MINDS ON THE EDGE: Facing Mental Illness (produced by Fred Friendly Seminars)

Facilitator: C. Keith Schafer, EdD

MINDS ON THE EDGE: Facing Mental Illness connects the dots between agonizing dilemmas facing individuals and families who are living with mental illness, medical practices that can be obstacles to treatment, and public policies that all too often lead to prison rather than providing support for recovery.

Produced by the Fred Friendly Seminars for broadcast on public television, MINDS ON THE EDGE explores the heart-wrenching situation of parents desperate to help their daughter get treatment when she develops mental illness in college. When she resists, what are their options? The program panelists also engage the challenging issue of the merry-go-round of homelessness and jail that has become all too common for many individuals living with schizophrenia, bipolar disorder and other serious mental illnesses. The program also explores the circumstances of an adult who has coped with his mental illness until his mother dies, and then he is left without critical support. Learn more about the issues raised in the program and programs that provide support and hope for recovery during this interactive session. Answers to the challenging questions of how to provide treatment and support for people living with mental illness can only emerge from robust conversation within your family and circle of friends, within your profession and within your community. Participants in this session will view excerpts from MINDS ON THE EDGE and participate in a facilitated discussion. Additional information is available regarding MINDS ON THE EDGE can be obtained on the web at www.mindsontheedge.org

Facilitator's bio: The Missouri Mental Health Commission appointed C. Keith Schafer, Ed.D., as the director of the Missouri Department of Mental Health effective February 1, 2007. Schafer's appointment was confirmed by the State Senate on January 31, 2007.

Schafer previously served as director of the Department of Mental Health from 1986 to 1994. He most recently served as director of program development and senior account manager for Comprehensive NeuroScience, Inc.'s Behavioral Pharmacy Management Program and Medical Risk Management Program. Other experience includes Senior Vice President of Program Development for Value Behavioral Health/ Value Options, Executive Director of the National Child Welfare Leadership Center at the University of North Carolina at Chapel Hill, and Deputy Director of the Missouri Department of Social Services.

Schafer earned his bachelor's degree in education from Oklahoma Christian College in Oklahoma City; a master's degree in education from Drury College in Springfield, Mo.; and a Doctor of Education-Administration degree from the University of Missouri at Columbia.

Learning Objectives:

This film illuminates problems in our mental health system such as challenging ethical issues as well as systemic flaws in program and policy design, service coordination, and resource allocation. At the end of this discussion, participants will be able to:

Describe innovative solutions that are currently being implemented across the country to transform the mental health system.

List some of the progressive steps taken in the criminal justice system to intercept people with mental illness and redirect them into treatment programs instead of incarceration.

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2:00 to 3:30 pm

What You Say Really Does Matter: The Importance of Recovery Language

--Donni Kuck, LCSW; Brenda Schell, BS; Judie Didriksen

This workshop will present the materials which were developed as a result of research done by the national organization Faces and Voices of Recovery over the past several years. Participants will be introduced to the "new" recovery language. Participants will be educated on the new language to be used by individuals in recovery, those seeking recovery, family members, and substance abuse professionals. You will be given the opportunity to practice this new powerful language, using positive uplifting language rather than the currently used negative language. This presentation will help those in recovery, family members, and substance abuse professionals understand the power of language and its impact on reducing stigma. The presentation will also address and discuss the domains of recovery in a Recovery Oriented Systems of Care and discuss ways to incorporate these domains into recovery planning.

Presenters' Bios: Donni Kuck, LCSW is the Director of Addiction Recovery and Prevention Services, Pathways Community Behavioral Healthcare, Inc. She has worked at Pathways since 1993 in different capacities including director of community-based programming for individuals with severe and persistent mental illness, director of supported employment services, and director of addiction recovery and prevention services. She is active in the state of Missouri as an advocate for recovery. She is a member of the ADA Liaison Committee with the Missouri Coalition of Community Mental Health Centers, a member of Missouri Adolescent Addiction Providers, and is a Missouri Recovery Network Council Member.

Brenda Schell joined the Missouri Recovery Network as Director in 2006. Prior to coming to the MRN, she spent over a decade in non-profit management. In her current position, she is responsible for developing and implementing advocacy efforts statewide by mobilizing those in recovery, their families and allies to help end stigma and discrimination associated with addiction and recovery, broadening the social understanding about addiction and recovery, reducing barriers to and supporting recovery, and bringing awareness that recovery is possible and real. She serves on numerous DMH committees including the MoSBIRT and MO Transformation Anti-Stigma Statewide committee.

Judie Didriksen is the Regional Representative for the 5 state region (Missouri, Kansas, Oklahoma, Nebraska, and Arkansas) for the national organization Faces and Voices of Recovery. She and her family are in personal recovery from addiction for over 19 years and she has been very active in recovery advocacy activities throughout the past 10 years. She is currently the Co-Chair of the Missouri Recovery Network Statewide Council and served as Assistant Director for the Crossroads Community Recovery Center in Jefferson City.

Learning Objectives:

Provide the "new" positive recovery language and how it can be incorporated into your conversations.

Discuss ways to incorporate long term recovery needs into an existing treatment system.

Demonstrate how the new language can reduce stigma associated with addiction and recovery.

Explain Recovery Oriented Systems of Care and discuss ways of implementation.

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3:45 to 5:15 pm

NEW

Open Your Mind, See the Possibilities: Ending Stigma and Discrimination

--Rita McElhany and Vickie Eppe

This presentation will describe the path that the Transformation Anti Stigma Subcommittee of the Office traveled to develop a comprehensive stigma reduction campaign. The campaign uses both traditional and new media as well as a web-based toolkit for use in reducing the stigma and discrimination within themselves, their organizations or their community.

Presenters' bios:

Rita McElhany serves as the Community Development Manager for the Division of Comprehensive Psychiatric Services. Her dismay at the impact and passion for ending stigma began as an HIV case manager. She served as the co-chair for the subcommittee that developed the anti-stigma campaign and is most grateful for the brilliant work of the committee which represented enthusiastic stakeholders from across the state.

Vickie Eppe is the Project Coordinator with the Office of Transformation. She has worked for the Department of Mental Health for 26 years. Her experience across the department has enriched the Transformation Anti Stigma Subcommittee's work with her knowledge of state systems and sustainability. Her interest is in creating a State in which everyone is treated with dignity and offered opportunities.

Learning Objectives:

1. Understand how stigma penetrates many areas of community life
2. Use media to combat stigma and discrimination
3. Use a web-based toolkit to access research and stigma reducing interventions appropriate to the environment in which they live and work.

CHILD WELFARE AND SUBSTANCE ABUSE CONCURRENTS (Thursday)

10:00 TO 11:30 AM

Engaging Parents in Substance Abuse Treatment: The Role of Recovery Specialists in Child Welfare and Dependency Courts

--Sanford (Sandy) Robinson

This session will outline issues and suggest recommendations for the following areas of policy and practice: (1) strategies for engaging parents in substance abuse treatment and child welfare services; and (2) programmatic and collaborative structures of substance abuse specialist programs. This session will emphasize the importance of timely access to services. Content will include information about utilization of individuals in recovery as substance abuse specialists to engage families, as well as policy and practice implications. Participants will learn about effective models, lessons learned, and training requirements. Presenters will discuss outcomes achieved as a result of these strategies.

Presenter's bio: For over twenty years Sanford (Sandy) Robinson has been at the forefront of the substance abuse field. Mr. Robinson has worked in a myriad of programs including inpatient, outpatient, detoxification, integrated medical facilities and private practice. During this time he has served many different populations including adolescent intervention and prevention, HIV/AIDS, criminal diversion and most recently has specialized in the field of child welfare and substance abuse. For the last seven years he served as the Director of the Specialized Treatment and Recovery Services (STARS) Program, a nationally recognized substance abuse case management program serving three Sacramento, CA Drug Courts. In addition he acted as the STARS Dependency Drug Court Coordinator. Mr. Robinson currently serves as a consultant for the National Center on Substance Abuse and Child Welfare, providing training and education for Drug Courts

around the nation. Mr. Robinson has spoken at numerous national conferences around the country including Washington D.C., Baltimore, Boston, Orlando and Nashville, TN. He is a two time recipient of the Sacramento County Health and Human Services Community Leader award. He received his Bachelors from California State University, Sacramento and is pursuing his Master's degree at the University of San Francisco. In addition Mr. Robinson is a certified substance abuse counselor.

Learning Objectives:

1. List strategies for engaging parents in substance abuse treatment and child welfare services
2. Identify the programmatic and collaborative structures of substance abuse specialists programs
3. Describe effective models and outcomes achieved

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2:00 to 3:30 pm

Screening and Assessment for Family Engagement, Retention and Recovery (SAFERR)

--Nancy K Young, Ph.D.

This workshop will present the Screening and Assessment for Family Engagement, Retention and Recovery (SAFERR) model to promote child safety and family well-being within the practical realities and legislative mandates that drive agencies. While SAFERR suggests standards of practice, its focus is on connections, communications, and collaborative capacities across systems. These standards apply to child welfare, alcohol and drug service and court systems, but suggested strategies are also relevant for coordinating services across welfare, criminal justice and mental health systems. While substance use, abuse or dependence alone is not the sole determinant of risk to children, the SAFERR model suggests the need for child welfare policies that call for initial and ongoing screening and assessment of possible substance use disorders.

Presenter's bio: Nancy K. Young, Ph.D. is Director of Children and Family Futures, a California-based research and policy institute that works to improve outcomes for children and families, particularly those affected by alcohol and other drugs and involved in the welfare and child welfare systems. She currently serves as the Director of the federally-funded National Center on Substance Abuse and Child Welfare, which provides technical assistance to states in support of their efforts to enhance cross-system collaboration for the benefit of affected families, and develops and disseminates information on advances in policy and practice in this field. She also serves as the Director of the federally-funded Regional Partnership Grantee Support Contract, which provides guidance and technical assistance to grantees striving to improve safety and permanency outcomes for children affected by methamphetamine or other substance abuse.

She has been involved in numerous projects related to alcohol and other drug issues in the welfare and child welfare systems. These projects include: development of a CSAT-funded technical assistance publication on substance abuse and child welfare; a report on policy issues and effectiveness of substance abuse treatment for welfare reform published by the National Association of State Alcohol and Drug Abuse Directors (NASADAD); development of a guidebook for state welfare and substance abuse directors on the substance abuse implications of welfare reform; and the development of a policymakers guidebook on substance abuse issues for the Child Welfare League of America titled *Responding to Alcohol and Other Drug Problems in Child Welfare*. Over the past seven years, Dr. Young has worked as a consultant to over 30 states and regional offices on prevention and treatment issues affecting families involved with welfare and child welfare.

Prior to her current position with Children and Family Futures, Dr. Young served as research consultant to the Directorate of the State of California Department of Alcohol and Drug Programs. During her tenure, she led a consensus effort to develop a statewide outcomes monitoring system in California. Additionally she consulted on the development and was primary author of the California's TOPPS II application, CalTOP. She successfully built political support within the state's alcohol and drug administrators and the new state administration to convert CalTOP into an on-going outcomes monitoring system to be implemented as CalOMS.

Dr. Young is a graduate of Cal State Fullerton and received a Masters of Social Work degree and her Ph.D. from the USC School of Social Work. During her doctoral studies, she was the recipient of a pre-doctoral fellowship with the National Institute on Drug Abuse focused on the public policy and research issues affecting children of substance abusers.

Learning Objectives:

1. Describe key principles of the Screening and Assessment for Family Engagement, Retention and Recovery (SAFERR) model
2. Compare and contrast screening, assessment, engagement and retention concepts across substance abuse treatment, child welfare and court systems
3. Discuss the possibilities of program replication in other States and Counties

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3:45 to 5:15 pm

Building Capacity through Training Initiatives

--Cathleen Otero, MSW, MPA

This workshop will review the National Center on Substance Abuse and Child Welfare (NCSACW) training materials and statewide training initiatives. NCSACW develops online tutorials for child welfare workers, substance abuse treatment counselors and family court professionals. This workshop will discuss building the capacity of staff, regardless of their experience level, to recognize and address the issue of substance abuse in the child welfare and family court population. The online training format provides an easily accessible means of providing information and resources. Participant Workbook and Supervisor Handbook components serve as examples for others looking to strength understanding and supervision around these issues, as well as tools to reinforce learning post-training.

Presenter's bio: Cathleen Otero is the Deputy Project Director of the National Center on Substance Abuse and Child Welfare. In this role she develops and provides training and technical assistance to States and local jurisdictions to enhance the understanding of substance use disorders in the child welfare system, encouraging the development of effective and appropriate practice and policy. Ms. Otero has concentrated her presentations and trainings on increasing collaborative efforts between child welfare, substance abuse, and the judicial systems. Ms. Otero's practice and research has led her to author and publish several publications continuing the discussion around substance use disorders, treatment, child welfare, and outcomes. Ms. Otero received her B.A. in psychology from Yale University and both her M.S.W. and M.P.A. degrees from the University of Southern California.

Learning Objectives:

1. Identify training resources available through the National Center on Substance Abuse and Child Welfare (NCSACW)
2. Describe key concepts in implementing NCSACW training resources
3. Identify benefits of online training to child welfare, substance abuse treatment and court professionals

HOT TOPICS CONCURRENTS (Thursday)

10:00 TO 11:30 am

Preparing for the Groundswell of Health System Reform: Rethinking Our Customer Base, Alliances and Business Practices

--Pat Stilen, LCSW

This workshop addresses emerging business practices, and the positive impact that adoption of specific practices and strategies can have on outcomes. The world is changing in long-lasting ways: In the future government will play a much larger role in economic structures and business practices. There will be increased regulations on business and not-for-profit organizations as well. Business and consumers of goods and services are forming a new mind-set about what is expected. Understanding how change impacts our

non-profit workplace and how business strategies can foster success is vital in a changing healthcare environment. Participants will learn how to reset priorities and restructure strategies for successful outcomes, moves that will be necessary if addiction treatment organizations are to survive.

Presenter's Bio: Pat Stilen, LCSW, has provided oversight and direction for projects at the Mid-America Addiction Technology Transfer Center since 2000. Prior to this she successfully designed and administered substance use and mental health treatment services for public and private organizations for over 20 years. Ms. Stilen served on the CSAT-appointed committee responsible for revising the *Addiction Counselor Competencies: The Knowledge, Skills, and Attitudes of Professional Practice*, CSAT's TAP #21. She is primary author on the classroom and online version of the NIDA/SAMHSA Blending Initiative, *Treatment Planning M.A.T.R.S.: Utilizing the Addiction Severity Index (ASI) to Make Required Data Collection Useful* (2007).

Learning Objectives:

Better understand how change impacts organizations and systems

Comprehend how business strategies can foster success in a changing healthcare environment

Reset priorities and restructure strategies for successful outcomes

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2:00 to 3:30 pm

Career Planning and Development for Job Seekers

-- Angela Haulman, BA

It's hard to plan for a career when you don't know what you want to do? Person Centered Career Planning is a key component in assisting people in achieve employment outcomes. Through a career planning approach people learn to design a career profile, gather information through career exploration, use networking to job search and outline supports that are needed for on the job success. This session will cover the process people go through when designing their career plan and if you're a support staff you can learn how to assist others in facilitating career planning using current best practice information.

Presenter's bio: Angela Haulman received a BA in Social Science from Chapman University in 2002 while serving 4 years in the United States Navy during which she traveled the world. She has worked as a Qualified Developmental Disability Professional (QDDP) for a provider agency for two years assisting people in the Individualized Supported Living Program and Day Habilitation Programs and as a Service Coordinator for the Department of Mental Health for the last 5 years. She is now the Joplin Regional Office Employment and Transition Coordinator. She is passionate about employment and believes that there is a good job for everyone.

Learning Objectives:

Have a working knowledge of career planning and development

Know how to design a career plan and/or assist others

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3:45 to 5:15 pm

MSAPCB Administrator's Update

--Scott Breedlove, MRSS, MSAPA

This presentation will provide attendees information about current and future plans of the Missouri Substance Abuse Professional Credentialing Board. Specific topics will include new Computer Based Testing procedures, a new Medication Assisted Treatment specialty credential, and National IC&RC changes that will affect MSAPCB standards and processes.

Presenter's bio: Mr. Breedlove serves as the Administrator for the Missouri Substance Abuse Professional Credentialing Board. He holds the Missouri Substance Abuse Prevention Associate and Missouri Recovery Support Specialist credentials; has taught a variety of trainings at various conferences including MACA, STI, Iowa Governor's Conference, MRP, MMHCA, and ACAM. He is a certified trainer for Foundations of Substance Use, Abuse, and Dependence and Clinical Supervision Training. He has been in personal recovery for 17 years and has a wonderful wife and three beautiful children.

Learning Objectives:

Understand how the new MSAPCB computer based testing process works.

Understand the new MSAPCB medication assisted treatment specialty credential.

Realize changes that will be taking place to those holding a MSAPCB credential due to national changes being made by the IC&RC.

ASK THE EXPERTS

5:30 to 6:30 pm, Windgate Hall (Exhibit Hall)

The "Ask the Expert" Networking Social is an informal gathering designed to offer attendees the opportunity to ask questions and enhance their understanding of select topics and resources pertinent to the field. Experts provide answers and insight on employment issues, treatment, housing, and much more. Come, browse and learn from individuals who work with the topic on a daily basis. A full listing of experts will be provided onsite. This session will qualify for .5 clock hours. Door prizes will be awarded.

Person-Centered Planning: How to Help People Have Real Lives

Mike Mayer & Tish Thomas

MIKE MAYER, PhD is a national consultant and Senior Partner with Community Resource Alliance. He is a nationally known speaker known for his unique approach, compassionate drive, and dynamic presentations. He has served as the Executive Director of the Institute on Complex Disabilities and has had direct responsibility for overseeing the development of community residential, vocational, and other support and treatment services for over 700 people, specializing in people with more severe and/or complex disabilities. He has also been working with the CMS Person-Centered Planning Grant at the Department of Mental Health.

TISH THOMAS, MS is the Project Director for the CMS Person-Centered Planning Grant at the Department of Mental Health. She has over 25 years of experience working in the fields of mental health and aging including grant management, direct service provision, and as an agency director. She has provided workshops at international and national conferences and served on several state-wide advisory councils. Her areas of interest are quality of life, person-centered planning, and the promotion of community-based services.

Person-Centered Planning is a national best-practice movement in a wide variety of settings to promote individualized plans of care or service for anyone with a disabling condition. Person-Centered Planning is an outward sign of the presence of respect for the value of all persons. The basic beliefs are that: a) All people have the right to plan lives for themselves that are personally meaningful and satisfying; b) All people have talents, hopes, dreams, and desires; c) It is a process of discussion and self-evaluation in which people discover how they want to live and the person's friends help explore what needs to be done to reach these goals.

Three key objectives participants may consider discussing:

- Identify the difference between a true person-centered plan and a "system" plan
- Know some of the tools available to assist in facilitating a person-centered planning process
- Understand the importance of person-centered planning in recovery, resilience and developing natural supports.

Working with Beneficiaries to Navigate Medicare Part D

--Melissa Hensley, MSW, MHA

Melissa Hensley, MSW, MHA clinical and research interests focus on adults with severe and persistent mental illness and the effect of changes in health care policy on their well-being. She spent five years as the Group Home Director at Places for People, Inc., where she worked with adults with schizophrenia and other severe psychiatric disorders. Her dissertation research centers on the impact of Medicare prescription drug program on adults with mental illness.

Melissa will be available to provide answers to Medicare Part D program and how its implementation has affected persons with mental illness. She will be able to discuss advantages and disadvantage to Part D, as compared to Medicaid.

Consider asking:

- How do persons with mental illness get the most from the Medicare prescription drug program?
- What is the role of the health care professional in negotiating the Part D program?

Project ACCESS (Autism) Assisting Missouri Schools

--Joanie Armstrong

Joanie Armstrong is the Director of Project ACCESS (Missouri's state education agency for autism), established by the Missouri Department of Elementary and Secondary Education, Division of Special Education ([DESE](#)) to enhance the development of professional skills in Missouri's teachers serving students with disabilities. Joanie has been with Project ACCESS since 1991 and served as an Autism Resource/Behavior Specialist before assuming the responsibilities of Director. She has a strong background in principles of behavior as well as intervention strategies for students with ASD. She has a Master's degree in Guidance and Counseling, taught regular education high school and served as a school psychological examiner.

Project ACCESS provides technical assistance and autism resource information to public schools in the form of onsite and telephone consultations. In addition, an interactive on-line community of practice network is available. Project ACCESS also designs autism-specific professional development courses and credentials professional individuals to present these courses for Missouri RPDCs. These trainings are offered to Missouri school district educators and staff who work with youngsters, ages 0-21 years, who experience Autism Spectrum Disorder (ASD) and related disabilities.

Prepared and Ready for Disaster

--Laura Kliethermes

LAURA KLIETHERMES is a Public Information Administrator for the Department of Health and Senior Services. Laura developed and branded Missouri's readiness program call READY IN 3. She provides information around the state to assist the public, employers, adult care facilities, schools, faith-based community and other in preparing for disaster and pandemic flu.

READY IN 3 has been named a promising practice by the Center for Infectious Disease Research and Policy. Learn about the READY IN 3 program, individual preparedness and preparations that your agency may take to be ready for the "big one." Step into continuity planning and consider the "what if's," if your agency's building would suddenly become inaccessible. Are you ready personally and professionally to take on these risks?

Three key objectives participants may consider discussing:

- Identify the three steps to preparedness
- Know some of the tools available to assist them in disaster and pandemic preparedness and planning
- Understand the elements of continuity planning.

Promoting Well-Being in Our Communities for Persons with Mental Illness

--Jean Campbell, PhD

Jean Campbell, PhD is a Research Associate Professor in Psychiatry at the University of Missouri Columbia and is Director of the Program in Consumer Studies and Training at the Missouri Institute of Mental Health in

St. Louis. She was the Principle Investigator of the coordinating center for the multisite study of consumer-operated service programs, and served as consult to the President's New Freedom Commission. Dr. Campbell currently directs the efforts of the Missouri Department of Mental Health to introduce evidence based practices into consumer-run programs and is consultant on the Heartland Consumer Networking Grant.

The primary goal of Mental Health Transformation underway throughout the nation is to enable persons with mental illness to recover and live lives of meaning and purpose within their communities. Even in these challenging economic times, the continuum of community care continues to provide key services needed to treat mental illness. However, without promoting well-being among mental health consumers, the efforts of consumers to integrate into community life lack the necessary wellness support and recovery proves difficult to sustain.

Consider discussing:

The common ingredients found in concepts of well-being.

The importance of well-being to the recovery from mental illness.

Identify wellness supports that may be found in community structures, beliefs and processes.

Department of Mental Health Housing Unit

--Edwin Cooper, MPA

Edwin Cooper, MPA, Affordable Housing Consultant, Missouri Department of Mental Health holds an undergraduate degree in Agriculture-Business, from Lincoln University and Master of Science Degree in Public Administration from Southeast Missouri State University. Edwin has performed in various roles in agriculture, business financing and rural housing development with University of Missouri and Lincoln University Extension. His current Tenure with the State of Missouri includes Office of Administration, Missouri Department of Economic Development, and now with Missouri Department of Mental Health. His primary responsibilities are coordinating the efforts of and providing consultation to mental health services providers and consumers, local community groups, faith-based organizations, housing developers in the development of affordable housing for people with disabilities. Coordinate and administer the Department of Mental Health Shelter Plus Care (S + C) rental assistance programs in the non-metropolitan and rural areas.

DMH Housing Unit is a resource for technical assistance for agencies seeking to develop affordable and/or supportive house for people with serious mental illness and chronic problems with substance abuse anywhere in the State of Missouri. DMH can provide advice on housing options, funding issues and other aspects to help your agency create supportive housing for people who are homeless with disabilities.

Three key objectives participants may consider discussing:

- What resources are out there to help my agency create a supportive housing program?
- Talk about Shelter Plus Care and Missouri Continuum of Care.
- Supportive Housing for people who are homeless.

Stepping Stones to Recovery: An Overview of the SSI/SSDI Application Processes

--Kendra Daniels, MA, LPC

Kendra Daniels, MA, LPC is a Team leader with Assertive Community Outreach Program at Truman medical Center in Kansas City, Missouri. The program provides outreach, community support, housing placement and psychiatric treatment for individual who are mentally ill with a history of chronic homelessness. Kendra also serves as the Missouri State Coordinator for SOAR.

Stepping Stones to Recovery is a training curriculum for case managers assisting person who are homeless and apply for SSI/SSDI Disability Benefits. There are many advantages to using this curriculum including having a n increased rate of success in helping eligible person obtain benefits on their first application.

Three key objectives participants may consider discussing:

- SOAR curriculum and entitlement benefits available to individuals with mental illness and homelessness

- Benefits and outcome related to other SOAR projects
- Application process for Stepping Stones to Recover.

Friday, May 21, 2010

8:00 TO 9:00 AM SUPER SESSIONS

Mental Health Issues for Individuals Who Have Intellectual Disabilities

--Michael Mayer, PhD

This dynamic and entertaining presentation will review the critical mental health issues associated with people who have intellectual and developmental disabilities (IDD).

The topics covered include:

- Areas of traditional conflict between the MH and IDD systems that impair the quality of services;
- Some critical diagnostic and treatment principles;
- Counterfeit deviance
- Factors associated with IDD that influence an accurate diagnosis
- How stress, anxiety, tension, resistance and motivation can affect their behavior and mental health
- The prevalence of sexual assault and the effects
- Emerging best-practice therapeutic approaches
- Applying the emerging evidence and co-occurring disorders guiding principles on effective consumer based services to improve their services and supports.

Presenter's bio: Dr. Mayer is a Senior Partner with CRA and he is also VP of New Hope Human Services. Recently nominated for the President's Committee on IDD, he has worked with over 500 organizations and trained 75,000 people worldwide. He has worked on several projects in Missouri and is currently working with the Missouri Person Centered Systems Change project.

He has developed several tools and protocols used throughout the world, including Experience Based Therapeutics and the MTR Assessment. Mike has served on the faculty of numerous colleges, universities, institutes, and international forums. He is currently on faculty with the University of Delaware's National Leadership Consortium on DD.

Learning Objectives:

Briefly summarize at least three areas of traditional conflict between the mental health and IDD service systems that impair the quality of services and potential solutions;

Report at least three significant similarities and differences in a comparison and contrast of intellectual disabilities and mental illness

Identify at least eight of twelve diagnostic and treatment principles relevant to dual diagnosis

Explain how stress, anxiety, tension, resistance and motivation can affect the behavior of someone with IDD and thus, the appearance of mental health problems.

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Workforce Development Trends within Behavioral Healthcare

--Marshall Rosier, MS, CAC, CCDP-D, MATS, LADC

This workshop presents an overview of the many workforce development challenges facing the behavioral healthcare field with a special focus on addiction professionals. The presentation will highlight national and regional trends and some of the unique barriers to building a competent, diverse and professional workforce equipped to meet the needs of people seeking services across the nation. Bridging the Science to Service gap, clinical supervision and implementing science- and evidence-based practices will also be considered.

Presenter's bio: Marshall Rosier, MS, CAC, LADC, MATS, CCDP-D is the Executive Director of the Connecticut Certification Board (www.ctcertboard.org) and is a published author, consultant and lecturer specializing in medication assisted recovery and co-occurring substance use and mental disorders. Marshall obtained his graduate degree from Yale University and over the last 20 years has worked in diverse academic and treatment settings.

Learning Objectives:

Discuss three of the challenges facing the behavioral health workforce

Identify four priority areas within the behavioral healthcare workforce

Identify three strategies being used to build workforce capacity

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NEW

Psychology of Incarceration®: A Reentry and Recovery Program

--Khalil Osiris, MA

Psychology of Incarceration® is a community reentry and recovery program. It is based on three core principles of restorative justice: victim awareness, offender accountability, and community engagement. This workshop focuses on the relation between state-imposed sanctions and self-imposed limitations. It is designed to promote cognitive, emotional, and behavioral ownership among incarcerated and formerly incarcerated men and women, particularly as it relates to their reentry and recovery.

Presenter's bio: Khalil Osiris, MA, spent twenty years of his life incarcerated. Since his release, he has dedicated his life to transforming the lives of youth, particularly through an evidence-based curriculum he developed called "The Circle of Courage Mentoring Program". Khalil is involved in restorative justice, providing re-entry programs, and with bringing the Ceasefire initiative to New Orleans.

Learning Objectives:

Explain how self-imposed limitations function as a form of incarceration

Identify seven criminogenic needs domains and three core principles of restorative justice practices

Explain how the Psychology of Incarceration program is used to empower incarcerated and formerly incarcerated individuals to take ownership for their successful reentry and recovery

COMPULSIVE GAMBLING CONCURRENENTS (Friday)

9:15 to 10:45 am

Co-occurring Disorders in Individuals Who Gamble Compulsively

--Jerry Bauerkemper, BS, CCGC

Pathological gambling is rarely an isolated problem. Many gamblers have co-occurring disorders that will inhibit the success of gambling therapy unless diagnosed and treated. This workshop will help the participant understand the relationships between pathological gambling, substance abuse, and many mental health disorders. Recovery from pathological gambling is dependent on understanding the entire mental health of the gambler and the family members.

Presenter bio: Jerry Bauerkemper BS, CCGC, is the Executive Director of the Nebraska Council on Compulsive Gambling. Mr. Bauerkemper was the first director of problem gambling (1992 to 1996) for the state

of Nebraska where he created the Gamblers Assistance program and pioneered the treatment of gambling counseling in Nebraska. In addition he was appointed and served on the Nebraska's Commission on Problem Gambling. He served on the Board of Directors for the National Council on Problem Gambling from 2001-2008. He currently serves on the National Councils' Legislative committee where he helps raise awareness of problem gambling in Washington DC. Mr. Bauerkemper has been providing counseling to gambling families since 1986. He has published research on the prevalence of problem gambling in the Nebraska Probation Department. He received the "First Step" award in 1999 for his work with problem gamblers. Mr. Bauerkemper is a nationally recognized expert on problem gambling and has provided training throughout the United States.

Learning Objectives:

Participants will understand the prevalence of Pathological Gambling and Co-occurring Disorders

Participants will develop a response to the presence of co-occurring disorders and gambling disorders

Participants will be able to identify and develop strategies and treatment options for individuals with Pathological Gambling and a co-occurring disorder

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11:00 to 12:30 pm

Using Clinical Techniques for Addressing Financial Problems of Mental Health Clients

--Brian H. Farr, MA, LPC

This training will highlight counseling skills that are useful for addressing issues of personal finance; provide a brief overview of the role of money in consumer culture; explore the impact of personal cultural history on our relationship with money; and address resistance encountered by clinicians when working with the topic of client finances.

Presenter's bio: Brian H Farr, MA, LPC, maintains a private practice in Portland, Oregon. He specializes in financial therapy, individual and couples counseling, and addiction recovery. Mr. Farr has conducted trainings for mental health counselors across the United States which address the techniques and strategies for exploring personal finance issues within the therapeutic framework. During the 25 years prior to becoming a counselor, Mr. Farr was a founding partner of an investment management firm, owner/manager of a personnel agency, and member/broker at the Chicago Board of Trade. He has a MA in Counseling Psychology from Lewis & Clark College and a BA in History from Stanford University.

Learning Objectives:

Identify three traditional counseling skills that are effective for addressing client problems regarding personal finances.

Develop a focused understanding of two cultural aspects of the relationship with money that impact both counselors and clients.

Identify two areas of resistance encountered by counselors when working with personal finance issues.

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1:45 to 3:15 pm

Problem Gambling: Understanding and Using Personal Finance Tools in the Treatment Process

--Brian H Farr, MA, LPC

This training will introduce clinically relevant techniques that support positive changes in the financial behavior of gambling treatment and other mental health clients. The training will review the Action Cycle of Compulsive Gambling; discuss establishment of client barriers to 'money triggers'; and introduce financial worksheets that will guide the exploration of client financial issues within the framework of the treatment process.

Presenter's bio: See session above.

Learning Objectives:

Develop understanding of the Action Cycle of Compulsive Gambling and how to communicate that understanding to clients.

Identify three techniques for establishing barriers to 'money triggers'.

Learn three clinical interventions that will guide clients to a more effective and successful relationship with their personal finances.

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CO-OCCURRING DISORDERS TRACK (Friday)

9:15 to 10:45 am

Session TBA

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11:00 to 12:30 pm

Session TBA

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1:45 to 3:15 pm

NEW

Working with Friends and Family

--David Loveland, PhD

This module will use the two web-based modules on engaging family and friends in the treatment planning process. The onsite version will allow participants to ask questions, develop strategies for engaging family and friends in the treatment process, or review specific case presentations. The workshop will outline the steps for implementing a family education program within existing addiction and mental health treatment programs. The program is based on the Behavioral Family Therapy format used in numerous evidence-based programs in addiction and mental health treatment.

Presenter's bio:

David Loveland, Ph.D. is the Director of Research at the Human Service Center in Peoria, Illinois. His research focus is on developing community-based models of care for individuals with a serious mental illness (SMI) or substance use disorder (SUD) as well as translating effective practices into behavioral health services. Dr. Loveland's research has included the implementation of the IPS model of supported employment, cognitive training for individuals in supported employment, and the development of the recovery coach program. His current projects include expanding the recovery coach model in addiction treatment, developing a diversion program for individuals experiencing a psychiatric crisis, and integrating primary care and behavioral health services.

Learning Objectives:

- Learn about the principles of BFT as they are applied in addiction and mental health treatment
- Implement a family education program within an existing treatment services
- Learn about techniques for engaging family and friends in the treatment planning process.

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PREVENTION TRACK (Friday)

9:15 to 10:45 am

NEW

Herbal Marijuana Substitutes (K2, Spice) and a Potpourri of Other Legal Highs

--Anthony Scalzo, MD

This presentation will primarily focus on the recent surging of patients presenting to Missouri emergency departments and other states with adverse reactions after smoking K2 herbal marijuana substitutes. These products have been reported to the Missouri Poison Center as K2 but there are reports of other dried herbs and incense proliferating the area. Users are smoking these legal products recreationally to obtain a cannabis-like high but many are experiencing adverse symptoms including tachycardia, elevated blood pressure, agitation, anxiety, and tremors and occasionally hallucinations. These herbal marijuana substitutes likely contain synthetic cannabinoids of the JWH class of chemicals, i.e. JWH018, JWH073 and other homologs. The Missouri Poison Center was the first to report to the CDC Epi-X exchange, a secure public health website, the outbreak of K2 use in Missouri.

These and other cases are part of a growing trend in our country of “legal highs” that include inhalants, over-the-counter pharmaceuticals such as dextromethorphan and prescription drugs. This presentation will also explore the substance abuse of a “potpourri” of these drugs and chemicals.

Presenter's bio: Dr. Scalzo is Professor of Pediatrics and Internal Medicine at Saint Louis University School of Medicine, Director of the Division of Toxicology and attending physician in the Division of Pediatric Emergency Medicine at SSM Cardinal Glennon Children's Medical Center. He is medical director of the Missouri Poison Center. Dr. Scalzo is a Fellow of the American College of Medical Toxicology, the American Academy of Clinical Toxicology, and the American Academy of Pediatrics. His research and publication interests have included disaster management and toxic exposures, abuse of legal substances, and poisoning prevention. Dr. Scalzo is board certified in Pediatrics, Emergency Medicine and Medical Toxicology.

Learning Objectives:

- 1) At the end of this session, the participant will be able to describe the common chemicals that are found in herbal marijuana substitutes as well as the associated clinical presentation, treatment and laboratory findings.
- 2) The participant will be able to discuss the epidemiology, legal aspects and legislation pending to curb the spread of these legal substances.
- 3) The participant will be able to describe other common substances used for legal highs amongst youth in our area including inhalants, dextromethorphan, as well as methylphenidate and related medications.

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11:00 to 12:30 pm

The SPF SIG: Lessons Learned, Outcomes and Sustainability

--Mary Dugan, PhD, Susan Depue, PhD

This presentation will provide a brief overview of the SPF SIG implementation process including the overarching themes of cultural responsiveness and sustainability. In addition to outcomes, we will share the challenges and successes experienced by both the state and individual community coalitions.

Presenters' bios: Dr. Dugan is the state evaluator for Missouri's Strategic Prevention Framework State Incentive Grant. Dr. Dugan has clinical experience in both substance abuse and mental health treatment as well evaluation of several federally funded prevention projects.

Dr. Depue is the current Project Director for the SPF SIG project. Prior to taking this position she was the Assistant Evaluator and then the Assistant Project Director for SPG SIG.

Learning Objectives:

Identify the five steps of the Strategic Prevention Framework.

Understand the obstacles faced at both the state and coalition level.
Understand the lessons learned from the implementation of the SPF SIG.

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1:45 to 3:15 pm

Learn How to Engage Faith Community in Coalition Efforts

--Rev. Cheryl Mitchell Gaines, JD, MDiv.

Note: To accommodate attendees from the Prevention and Faith-Based Recovery Support tracks to hear Rev. Gaines' presentations, the two tracks will be combined for this session.

This workshop will use diverse presentation strategies including lecture, interactive exercises and group discussion to explore the role of the Black church in coalition building. Participants will obtain tangible action steps to for working with the Black church to effect positive mental health, prevention and recovery outcomes for underserved communities.

Presenter's bio: Rev. Cheryl Mitchell Gaines brings to this discussion more than two decades of experience and education in helping children and families realize their potential. She is both an attorney and an ordained pastor. Rev. Gaines has worked at both the State and community level to provide faith and life enhancing support to children, youth and families. Formerly appointed by Governor Pataki to work as a Community Relations Specialist in nine counties in upstate New York, she coordinated the faith- and community-based outreach efforts of the New York State Office of Children and Family Services. Her professional and ministerial work has included every facet of intervention at the legal, faith and community-based levels of service and advocacy. Currently she is the Senior Faith Based Technical Specialist with McFarland & Associates for SAMHSA's Center for Substance Abuse and Prevention National Faith and Community Based Support Initiative. This initiative is designed to provide financial and technical support to faith and community based groups around the nation that are engaged in HIV/AIDS prevention, substance abuse prevention and prisoner reentry services.

Learning Objectives:

1. Enable participants to recognize the socio-cultural context of the "Black Church Tradition,"¹ and to understand some barriers that prevent Black church leadership from seeking the support of mental health professionals for congregants.
2. Enable participants to understand some of the protocols of the historically Black church.
 - a. Building Trust/Dispelling Myths.
 - b. How to ask for what we need.
3. Participants will engage in small group exercises using hypothetical situations to learn how to collaborate effectively with the church.

¹Paris, Peter, *The Social Teachings of the Black Church*, (Philadelphia: Fortress Press, 1985).

FAITH-BASED RECOVERY SUPPORT TRACK (Friday)

9:15 to 10:45 am

Preserving ETHICS and Boundaries in the Ministerial Relationship

--Rev. Dale R. Kuhn MA, STM, LCSW, AAPC Diplomate; Marilyn F. Kuhn, MA, LPC

As ministers to those in need, all of us are at risk to cross boundaries in our ministerial relationships, thereby violating our role and harming those who are vulnerable. This risk of doing harm to those whom we serve can be considerably reduced through self-awareness and self-care. If we are aware of our personal history and personal needs and their effects upon us, our behavior and perceptions are less likely to be shaped by that history and those needs and less likely to be inappropriately imposed upon those whom we serve. In addition, the more aware we are of the power and trust implicit in our role and how that power affects those whom we serve, the less likely we are to misuse that power and trust.

Presenters' bios: Rev. Dale R. Kuhn MA, STM, LCSW, AAPC Diplomate, is the Executive Director of Care and Counseling in St. Louis, Missouri. Care and Counseling is an inter-faith pastoral counseling center. Rev. Kuhn is an Ordained Minister in the Lutheran Church Missouri Synod. He has worked with clergy and congregations both as a clinician and in his role as Executive Director.

Marilyn F. Kuhn, MA, LPC is a staff counselor and Coordinator of the Clergy and Congregational Care Program at Care and Counseling. She has worked with clergy and their families as a clinician and organizes services and programming for clergy and congregations.

Learning Objectives:

Have an understanding of the difficulties of defining boundaries and clarifying ethical issues in ministry.

Have strategies for establishing and maintaining boundaries and ethics.

Have an awareness of when it is time to consult with others regarding ethical and boundary concerns.

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11:00 to 12:30 pm

Cultural Competence: Working with Diverse Populations

--Adriatik Likcani, LMFT, CASAC

The goal of this presentation is to equip participants with the necessary skills, knowledge and attitudes to best serve diverse populations. It emphasizes the need, and provides guidelines, for culturally competent recovery oriented systems of care. Cultural competence skills, knowledge, and attitudes are addressed from a micro, mezzo and macro systems perspective in order to cover all domains where cultural competence can be found in systems of care: the therapist level, supervisory level, organizational and administrative level. The training follows the guidelines on cultural competence provided by SAMHSA, codes of ethics of professional organizations, and based on the certification standards of the Missouri Division of Alcohol and Drug Abuse and the Division's commitment to Centers of Excellence. The presentation emphasizes knowledge and skills on how to incorporate cultural competence within evidence-based programs and practices in order to enhance treatment access, therapeutic rapport, treatment process and outcome with underserved populations.

Presenter's bio: Adriatik Likcani is completing his PhD in marriage and family therapy at Kansas State University, LMFT and CASAC in Missouri. He has worked in addiction treatment since 1994 as co-founder of Teen Challenge-Albania, and later as ADA counselor and family therapist in residential and outpatient settings in Missouri. Mr. Likcani has received awards and training on minority mental health and ADA treatment, and cultural competence, through AAMFT Minority Fellowship Program funded by SAMHSA/CSAT. He has provided presentations in the Midwest on integration of family systems concepts in ADA treatment, evidence-based programs, and cultural competence in recovery oriented systems of care.

Learning Objectives: Learn definitions of cultural competence, understand necessity for culturally competent systems of care, and describe domains where cultural competence can be found: at micro, mezzo and macro levels. Describe developmental stages of cultural competence from cultural destructiveness to cultural proficiency.

Develop an understanding of substance abuse rates, treatment trends, structural demographics, socioeconomic and health disparities among minority populations and how those impact treatment access, delivery, and outcome.

Learn how to integrate cultural competence skills, knowledge, and attitudes, in their work with diverse populations. Describe importance of identity development, awareness of, and sensitivity towards culturally diverse populations, and their impact on treatment access, therapeutic rapport, therapeutic process, and treatment outcome.

Develop skills, knowledge and attitude on how to continue developing long-term cultural competence at the therapist/counselor level and the supervisory and organizational levels.

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1:45 to 3:15 pm

Learn How to Engage Faith Community in Coalition Efforts

--Rev. Cheryl Mitchell Gaines, JD, MDiv.

Note: To accommodate attendees from the Prevention and Faith-Based Recovery Support tracks to hear Rev. Gaines' presentations, the two tracks will be combined for this session. See **Prevention Track** for workshop details.

CHILDREN, YOUTH, AND FAMILIES TRACK (Friday)

9:15 to 10:45 am

Implementing a Trauma-Informed Care Service Delivery Model

-- Margaret Comford, LCSW , Karen Streeter, BS

Learn what a Trauma-informed Care approach is and see how one agency has been recognized as a best practice for trauma-informed care (TIC) in the homeless serving community. Information will be presented on the domains of trauma-informed care and lessons learned from implementing TIC in a transitional living program for homeless mothers and their children.

Presenters' bios: Karen Streeter, Executive Director of Sheffield Place in Kansas City, has served homeless individuals and families since 1982. In the late 1980s she joined forces with two other Kansas City organizations to create the homeless Services Coalition of Greater Kansas City. In 2003 she helped found the Family Recovery Coalition. In recognition of her commitment to homeless families and trauma informed care, in March of 2009 The National Center on Family Homelessness appointed Ms Streeter to the national Campaign to End Child Homelessness. Ms Streeter graduated from John Brown University with a Bachelor's of Science degree in Psychology.

Margaret Comford, LCSW, LSCSW, is the Clinical Director of Kansas City's Sheffield Place, and the founder of the Midwest Trauma Treatment Center. She has over 20 years experience working with children and families who have experienced trauma including abuse/neglect, grief, homelessness, and domestic violence. She has provided direct therapy services, clinical supervision, and program development/administration. Margaret graduated from UMKC with a bachelor's degree in Psychology, and received her MSW from KU.

Learning Objectives:

Gain knowledge regarding trauma-informed care

Understand the difference between the traditional service delivery model and the trauma-informed care delivery model

Gain insight into the lessons learned by one agency regarding the day-to-day service provision of TIC

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11:00 to 12:30 pm

Family Support Provider Service: Educating and Empowering Families of Children and Youth with Serious Emotional Disturbances

Robyn Boustead, MPA, Deanna O'Brien

The Family Support Provider (FSP) is a family member with a child who has been or currently has a behavioral or emotional disorder. The FSP has experience, knowledge and training and is able to engage with families because of their similar experiences. The workshop will provide an overview of the role of the FSP in providing service to families.

1. Assist and coach the family member to increase their knowledge and awareness of issues related to supporting a child/youth with serious emotional disturbance.
2. Enhance problem solving skills and provide emotional support.
3. Connect families to other family groups and educational opportunities.
4. Support family to identify natural supports and community resources.
5. Identify future family leaders to ensure "family voice" on local, regional and state level committees and workgroups.
6. Track families in their progress using Targeted Parent Assistance structure.

Presenters' bios: Robyn Boustead works for the Missouri Institute of Mental Health as a consultant to the Department of Mental Health on system of care development, youth to adult transitional services, trauma-informed care and family and youth leadership. Robyn has over twenty years experience in mental health working to promote systems change and family/youth voice. She is involved in Mental Health Transformation and coordinates the local Quality Service Review process.

Learning Objectives:

Explain targeted parent assistance.

Describe the steps involved in coaching family members supporting a child with serious emotional disturbance.

Define the role of the FSP in providing services to families.

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1:45 to 3:15 pm

Fathers: Essential to the Successful Implementation of Systems of Care

--Joseph (Joe) Turner, Jeff Bucklew

Family-driven systems of care should be a family affair, but national data indicate that our developing systems of care have failed to harness the power of fathers to participate as effective planners and supports for their own children, and as shapers of the systems intended to serve them. Rather than excluding fathers, blaming and shaming them, a new initiative is beginning to examine and address the societal, systemic and personal factors that have contributed to their lack of involvement. This workshop will describe successful strategies that focus on fathers' strengths, and ways to positively reach out to, engage, relate to and promote leadership among fathers in family-driven systems of care.

Presenters' bios: Joseph (Joe) Turner is a critical person in the FOCUS Family Group as well as the Circle of HOPE project in St. Joseph Missouri. He serves as the Lead Family Coordinator. Joe is a well qualified to serve as a leader and is a parent of a Child with a mental health diagnosis. Joe has served in Christian ministry as a minister for 5 years. He is an active advocate for family's voices to influence local, state and federal decision making. Joe is a Native of Union City, California. Joe relocated to St. Joseph, Mo where he was recruited to play football for Missouri Western State University and is now in the process of returning to complete his bachelor's degree studies. Joe and his family now call St. Joseph Missouri home.

Learning Objectives:

Describe examples of how dads are being supported in systems of care

List ideas of how to involve dads in system of care activities.

List practical tips when working with dads.

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CRIMINAL JUSTICE TRACK (Friday)

9:15 to 10:45 am

Rehab and Re-entry: Contributions of Division of Offender Rehabilitative Services to Missouri Re-entry Process

--Mariann Atwell, PsyD, Marta Nolin, PhD, Greg Markway, PhD, John Scott, Deloise Williams, RN, BSN, Stephanie Thomas, MA

The Division of Offender Rehabilitative Services of the Department of Corrections is responsible for oversight of services that provide a strong foundation for rehabilitation and re-entry preparation of offenders under the supervision of the Missouri Department of Corrections. Institutional services include: medical, mental health and sex offender services, substance abuse services, Missouri Vocational Enterprises, vocational services and academic education services. In addition, sex offender and substance abuse services provide monitoring of services of community provider to offenders under the supervision of the Board of Probation and Parole. The Division's crucial role in bridging community and institutional services and assisting with the continuity of services for offenders will be discussed and highlights about each section's responsibilities and accomplishments will be presented.

Presenters' Bios: Dr Mariann Atwell is the Director for the Division of Offender Rehabilitative Services within the Missouri Department of Corrections. In her role as Division Director, Dr. Atwell is responsible for the oversight of various offender program areas which include: medical, mental health, sex offender, substance abuse treatment, academic and vocational education and Missouri Vocational Enterprises. During Dr. Atwell's tenure with the Department, she has held the positions of the Chief of Mental Health Services for the Missouri Department of Corrections, and the Institutional Chief of Mental Health at the Ozark Correctional Center in Fordland, Missouri. Prior to coming to the Department of Corrections she was in private practice as a psychologist working for Neuropsychological Services in Springfield, Missouri.

Dr. Greg Markway is Chief of Mental Health Services for the Department of Corrections. He has 20 years of experience as a clinical psychologist at Jewish Hospital of St. Louis, St. Mary's in Jefferson City, private practice, and the St. Louis City Juvenile Court.

Since 2003 Dr. Marta Nolin has served as the Assistant Director of the Division of Offender Rehabilitative Services with responsibility for substance abuse services, and has worked in the Department of Corrections since 1996. Marta previously worked as a clinician in psychiatric inpatient and outpatient settings and at college and universities. She has also worked as an adjunct instructor in psychology and women's studies at several colleges and universities.

John Scott is the Assistant Director of the Division of Offender Rehabilitative Services with management responsibility for Missouri Vocational Enterprises. He is a tireless advocate for the role of MVE in changing offenders' lives for the better. John began his career with the Department of Corrections in 1990 as Agribusiness Manager for the Department.

Deloise Williams is the Assistant Director of the Division of Offender Rehabilitative Services with oversight of Health Services. Ms Williams has an RN and BSN, and has worked at various levels in the nursing profession for the past 15 years and has held the following positions: Director of Student Health Services, Lincoln University; Nurse Manager/Medical Unit, St Mary's Hospital; Clinical Coordinator/Sub-Acute Unit, St. Mary's Hospital; Unit Supervisor/St. Mary's Rehab Unit; and Charge Nurse at Harry S. Truman Veteran's Hospital.

Stephanie Thomas, MA, is currently a Zone Manager/Assessment and Evaluation in Education for Division of Offender Rehabilitative Services. She held the positions of Registrar, Director of Academic Affairs/Admissions, and adjunct faculty member at various colleges from 1984 – 1999. In 1999 she came to the Missouri Department of Corrections, Division of Offender Rehabilitative Services, Education as a program Manager overseeing the Youthful Offender Program. This program is funded by a federal grant and gives an opportunity of college coursework to offenders who meet the criteria of the grant.

Learning Objectives:

Learn the responsibilities and services provided by the Department of Corrections, Division of Offender Rehabilitative Services.

Learn the role of Division of Offender Rehabilitative Services services is re-entry and reduction of offender recidivism.

Recall a future goal for each of the Division of Offender Rehabilitative Services' sections.

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11:00 to 12:30 pm

Facilitating Transitions from Therapeutic Community Programs to Missouri Communities

--Marta Nolin, PhD; Janet Poole, BS, CSAC II, Dan Hanneken, MSW, CCJP

Missouri's modified Therapeutic Community programs refer offenders to continuing care services in the community. Unfortunately, Therapeutic Community aftercare programs are not available in Missouri. An awareness of the experiences associated with Therapeutic Community will help providers and POs assist offenders to translate that experience to foster a successful transition into a variety of types of aftercare and recovery supports in the community. This session focuses on translating the language and experience of Therapeutic Community.

Presenters' bios: Marta Nolin, PhD, works as an Assistant Division Director for Division of offender Rehabilitative Services and has oversight of substance abuse services for the Missouri Department of Corrections. She has extensive clinical supervision and clinical experience in inpatient, psychiatric outpatient, and school and university settings. She has worked for the Division of Offender Rehabilitative Services since 1996.

Janet Poole, BS, CSAC II, is the Executive Director of Prison-based Treatment Services for the Kansas City Community Center. She spent 20 years working for Missouri Probation and Parole and went to Kansas City Community Center where she was the Program Manager for a female offender Modified Therapeutic Community program. She has extensive experience in offender treatment in the community and within institutions. She has a strong background in addiction services and is certified by the Addictions Technology and Transfer Center as a Therapeutic Community Immersion Trainer. She has facilitated this training in Missouri, Florida and Mississippi.

Mr. Hanneken is Reentry Coordinator for the Missouri Department of Corrections and a graduate of the University of Missouri. Prior to his position with the Department of Corrections he was developing programs, writing grants, and providing direct services to recently released offenders. Mr. Hanneken is a published author and experienced presenter of offender reentry issues. He also has "real life" experience having been incarcerated nearly ten years himself. It is this rare combination of academic, professional, and real life credentials in which Mr. Hanneken finds himself uniquely positioned to work in reentry.

Learning Objectives:

Understand the history of Therapeutic Community programs in the US.

Learn and state three Therapeutic Community principles applied in Missouri Department of Corrections programs.

Be familiar with how to translate Therapeutic Community language concepts into more typical community continuing care language.

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1:45 to 3:15 pm

NEW

Jobs Not Jail®: A New Workforce Development Model

--Khalil Osiris, MA

Jobs Not Jail is an educational training program designed to help incarcerated and formerly incarcerated men and women overcome barriers to employment. While traditional workforce development programs emphasize *How to Interview*, *Dress for Success*, and *How to Write a Winning Cover Letter and Resume*, **Jobs Not Jail** focuses on teaching participants how to discover their passion and turn it into a meaningful career.

Presenter's bio: Khalil Osiris, MA, spent twenty years of his life incarcerated. Since his release, he has dedicated his life to transforming the lives of youth, particularly through an evidence-based curriculum he developed called "The Circle of Courage Mentoring Program". Khalil is involved in restorative justice, providing re-entry programs, and with bringing the Ceasefire initiative to New Orleans.

Learning Objectives:

Articulate how to help formerly incarcerated persons identify and leverage their "transferable skills"

Explain the benefits of Work Opportunity Tax Credits and Federal Bonding programs for employers

Articulate how the Jobs Not Jail program is used to equip formerly incarcerated persons to overcome barriers to employment

TRAUMA TRACK (Friday)

9:15 to 10:45 am

The Sanctuary Model at Hawthorn Children's Psychiatric Hospital: Providing Trauma-informed Care to Children and Adolescents

--Abigail Lincoln, BS; Rhonda Brown, PhD; Marcia Perry, LCSW;

Three years ago, clinical leaders at Hawthorn Children's Psychiatric Hospital recognized that they needed to promote change in their culture and treatment programming for consumers. Their goal was to reduce restraint/seclusion events, improve employee morale, and utilize evidence based practice treatment modalities. The Sanctuary Model serves as the framework for these efforts and has helped create a therapeutic community at Hawthorn which promotes safety and non-violence for children healing from traumatic events.

Staff from Hawthorn Children's Psychiatric Hospital will provide an overview of the implementation of the Sanctuary Model at Hawthorn. The principles and commitments of the Sanctuary Model will be presented as attendees are encouraged to visualize a day at Hawthorn through a "Sanctuary Lens". Participants will be introduced to "tools" from the Sanctuary Toolkit and will actively participate in several group activities. Finally, outcome data highlighting implementation successes will be presented and reviewed with workshop participants.

Presenters' bios: The lead presenter will be Ms. Abigail Lincoln. Ms. Lincoln is the Sanctuary Coordinator at Hawthorn Children's Psychiatric Hospital. She holds a Bachelor's Degree in Recreation Therapy and is currently working on her MBA. Ms. Lincoln began working as a Recreation Therapist at Hawthorn in October 2006 and quickly became a champion for Sanctuary implementation efforts at Hawthorn. In Spring 2009, Ms. Lincoln assumed her current duties as Sanctuary Coordinator.

Dr. Rhonda Brown is the Director of Psychology and Director of the Residential Treatment Program for Hawthorn Children's Psychiatric Hospital in St. Louis, Missouri. She has built a career around a personal passion for understanding human behavior and the factors that most significantly impact effective functioning. Trauma experiences as manifested in both individuals and organizations have been a central focus of her research and practice over the past 15 years. Dr. Brown has been instrumental in leading the Sanctuary implementation efforts over the past three years.

Ms. Perry is currently the Chief Operating Officer at Hawthorn Children's Psychiatric Hospital. She is a Licensed Clinical Social Worker and began her tenure with DMH at Hawthorn in 1996 as a social worker in the Residential Program. Ms. Perry has also completed doctoral studies in Marriage and Family Counseling. Ms. Perry's interest in the Sanctuary Model grew from her research regarding Vicarious Trauma and Burnout in therapists as well as her commitment to providing trauma-informed treatment to youth and their families.

Learning Objectives:

Describe the basic tenets of the Sanctuary Model and trauma-informed care.

Articulate and understand how the Sanctuary Model has been implemented at Hawthorn.

Describe the successes and challenges in the implementation of the Sanctuary Model and trauma-informed care at Hawthorn.

X X X

11:00 to 12:30 pm

Mental Health Needs of Bosnian Refugees

--Ajlina Karamehic-Muratovic, MA, PhD

The 70,000 Bosnian refugees in St. Louis suffered trauma, often including torture, during the 1992-1995 Bosnian war, with serious consequences for their mental health. This presentation summarizes findings of a mental health needs assessment conducted in this refugee group. Four hundred refugees participated in the study and the results have implications for mental health professionals serving not only Bosnian refugees, but also other refugee groups.

Presenter's bio: Dr. Karamehic-Muratovic has a background in health communication, especially relevant to minority populations and communities, and refugee groups. She has experience in evaluation on large and nationally funded grants, as well as in substance use prevention, cancer prevention and culturally appropriate interventions.

Learning Objectives:

Identify mental health needs specific to refugee groups, and Bosnians in particular.

Identify strategies for serving Bosnian refugees who have mental health needs.

X X X

1:45 to 3:15 pm

Screening for Violence in the Lives of Women Veterans

--Patrice Pye, PhD

Presentation will include a review of research that examines epidemiology and emotional and physical sequelae of violence in the lives of women veterans; introduce how to screen for violence and assess its sequelae as well as provide a rationale for screening in a primary care clinic; participants will learn how to conduct safety planning; an overview of the evidence-based treatment and exportable resources provided to women will be included; and outcome data will be presented from the Take Charge of Your Total Health Project.

The grant-funded project screens women veterans for various forms of violence. Conducting trauma history assessments, providing education, making referrals, and offering evidence-based treatment in an integrated primary care clinic designated for women veterans encourages physical and mental health care professionals to conceptualize, assess, and treat their patients using a framework that emphasizes the inter-relatedness between mental and physical health.

Presenter's bio: Dr. Pye received her Bachelor's degree from Spelman College, Master's and Doctorate degrees from Saint Louis University in Clinical Psychology. Completed internship with United States Air Force and remained on active duty for seven years. Received focused training and experience in trauma at Center for Trauma Recovery. Served as expert witness on capital murder trial; contractual work with DCFS in Illinois; adjunct professor at Saint Louis University; and consultant to Vet Center prior to full-time position as psychologist integrated into primary care (Women Veterans' Clinic) at St. Louis VAMC. Recently, awarded \$25,000 grant from Women Veterans' Health Strategic Health Care Group (WVHSHCG).

Learning Objectives:

- 1) Become familiar with research and prevalence of violence in the lives of women veterans;
- 2) Begin to identify the physical and emotional sequelae of violence; and
- 3) Become acquainted with the assessment for current and lifetime trauma.

RECOVERY MANAGEMENT TRACK (Friday)

9:15 to 10:45 am

Community Is Key: Adolescent Community Reinforcement Approach (ACRA) Comes to Missouri

--Heather Harlan, CSAPP; Debra Sprague, MA

Presenters will review development of the Community Reinforcement Approach to substance abuse treatment as compared to other therapeutic models and 12 Step Programs; discuss Adolescent Community Reinforcement Approach/Assertive Continuing Care (A-CRA/ACC) as an evidence-based, best practices model for Share outcomes from implementation of this model of treatment from Project APEX, the SAMHSA funded, 3 year grant with Phoenix Programs, Inc. in Columbia, Missouri; lead role plays comparing confrontational treatment as usual with ACRA procedures in situations such as denial, treatment goals, positive UAs; and reveal how non-confrontational Motivational Interviewing principles youth and their parents/caregivers can exert more influence over young clients which are more effective at producing change than attempts to control.

Presenters' bios:

Heather Harlan, originally a native of Boonville, MO, graduated from Illinois College in Jacksonville, IL. Heather found a resounding match for her passions in the substance abuse prevention field in Illinois, and continued that pursuit when she moved back to Missouri to direct an adolescent treatment grant at Phoenix Programs, Inc. in Columbia. In that capacity Heather became first certified A-CRA supervisor in Missouri. She is now working in prevention and outreach at Phoenix Programs. Heather has two grown children, one grandson and occasionally enjoys her sideline as professional storytelling and musician.

Debra Sprague, M.A., Senior Research Specialist at the Missouri Institute of Mental Health, University of Missouri, holds degrees in Psychology/Sociology and Art Therapy/Counseling. She has coordinated mental and behavioral health studies at University of Colorado and University of California, and has extensive experience in research and program evaluation with populations suffering co-occurring disorders (COD) of mental illness and substance abuse. Deb's current projects, funded by CSAT and CMHS within the Substance Abuse and Mental Health Services Administration, evaluate and inform COD residential treatment programs, and Screening, Brief Intervention, and Referral to Treatment (SBIRT) training for health care providers.

Learning Objectives:

Identify key differences between traditional therapies for adolescents and ACRA/ACC.

Experience why a positive, Motivational Interviewing style yields better outcomes for youth needing substance abuse treatment, including those with co-occurring disorders.

Understand why A-CRA based outpatient therapy in the community for many youth may be more effective than residential treatment.

X X X

11:00 to 12:30 pm

Integrating the Recovery Coach Program: Working with Programs and Providers

--David Loveland, PhD

This workshop will provide tips for introducing the recovery coach (RC) program into existing mental health or addiction treatment programs as well as overcoming barriers to implementation. The workshop will include an introduction to the RC program and the behavioral framework used to develop the intervention. The RC program is based on multiple evidence-based interventions in

addiction and mental health treatment. The program includes a collaborative focus, an emphasis on teaching and learning, and a harms-reduction treatment model of problem solving. The challenge is integrating the elements of the RC model within existing, professional-driven or expert models of care that may not support harms reduction or behavioral principles. The workshop will include a list of challenges and solutions associated with integrating two models of care.

Presenter's bio: David Loveland, Ph.D. is the Director of Research at the Human Service Center in Peoria, Illinois. His research focus is on developing community-based models of care for individuals with a serious mental illness (SMI) or substance use disorder (SUD) as well as translating effective practices into behavioral health services. Dr. Loveland's research has included the implementation of the IPS model of supported employment, cognitive training for individuals in supported employment, and the development of the recovery coach program. His current projects include expanding the recovery coach model in addiction treatment, developing a diversion program for individuals experiencing a psychiatric crisis, and integrating primary care and behavioral health services.

Learning Objectives:

- Learn about the RC model, learning theory as it is applied to evidence-based practices, and the principles of harms reduction
- Learn about potential barriers of combining a behavioral model with a conventional, professional-driven treatment model
- Identify solutions and strategies that can improve the integration of these two models of care

X X X

1:45 to 3:15 pm

An Introduction to Medication Assisted Recovery

--Marshall Rosier, MS, CAC, CCDP-D, MATS, LADC

This workshop presents an overview of the emerging science of addiction and several trends in the field of addiction treatment and recovery. The concept of medication assisted recovery is introduced by identifying several key principles for practitioners to consider when working with people in recovery. Finally, the workshops presents a brief overview of the three medications approved for the treatment of opioid dependence: methadone, buprenorphine and naltrexone as well as the three medications approved for the treatment of alcohol dependence: naltrexone, disulfiram, and acamprosate.

Presenter's bio: Marshall Rosier, MS, CAC, LADC, MATS, CCDP-D is the Executive Director of the Connecticut Certification Board (www.ctcertboard.org) and is a published author, consultant and lecturer specializing in medication assisted recovery and co-occurring substance use and mental disorders. Marshall obtained his graduate degree from Yale University and over the last 20 years has worked in diverse academic and treatment settings.

Learning Objectives:

Define Medication Assisted Recovery

Identify several key principles of Medication Assisted Recovery

Identify at least four medications used in the treatment of substance use disorders

Identify three resources/tools to learn more about Medication Assisted Recovery

CHILD WELFARE AND SUBSTANCE ABUSE TRACK (Friday)

9:15 to 10:45 am

Protecting Children in Families Affected by Substance Use Disorders

--Karen Mooney, LCSW, CAC III

This presentation is an introduction to the issues involved in working with child safety and risk, as well as permanency decisions, in families in which one or more caretakers has a substance use disorder. We will discuss the correlation between parental substance use disorders and child maltreatment, common techniques used to assure child safety, and appropriate treatment for substance use disorders. We will also cover the role of toxicology screening as a part of removal and return decisions, and the pros and cons thereof. Highlights of the professional literature regarding the intersection of these two fields will also be presented, as well as promising practices for future study and implementation.

Presenter's bio: Karen Mooney, LCSW, CAC III is the Women's Treatment Coordinator for the Division of Behavioral Health (DBH) of the Colorado Department of Human Services, which is a position she has held since 2002. Her professional background includes seven years of county casework practice in the child protection system, as well as work for one of Colorado's Managed Service Organizations, administering a grant aimed at serving women who were difficult to engage in treatment. In 2007, she received a national award from the Department of Health and Human Services for outstanding efforts in collaboration. Most recently, she was a coach for the new Women's Addiction Services Leadership Institute (WASLI).

Learning Objectives:

Describe the relationship between child protective concerns and parental substance use disorders;

Discuss the current treatment knowledge base with respect to substance use disorders and child welfare;

Identify advantages and disadvantages of using toxicology screens to make removal and return decisions.

X X X

11:00 to 12:30 pm

Drug Testing in Child Welfare: Practice and Policy Considerations

--Nancy K. Young, Ph.D.

Child welfare professionals are faced with the difficult task of collecting adequate information about families, making informed and insightful decisions based on this information and taking timely and appropriate action to safeguard children. This workshop will highlight current practices and common pitfalls related to the use of drug testing as a tool to assess parent safety, progress in recovery, and make decisions about parent-child interaction. The workshop will highlight the policy and practice issues that must be addressed to establish drug testing as a component of comprehensive assessment and monitoring. The importance of establishing partnerships with local substance abuse treatment counterparts who can assist in the decision making that is critical to successful implementation of the policies will be discussed.

Presenter's bio: *Nancy K. Young, Ph.D.* is Director of Children and Family Futures, a California-based research and policy institute that works to improve outcomes for children and families, particularly those affected by alcohol and other drugs and involved in the welfare and child welfare systems. She currently serves as the Director of the federally-funded National Center on Substance Abuse and Child Welfare, which provides technical assistance to states in support of their efforts to enhance cross-system collaboration for the benefit of affected families, and develops and disseminates information on advances in policy and practice in this field. She also serves as the Director of the federally-funded Regional Partnership Grantee Support Contract, which provides guidance and technical assistance to grantees striving to improve safety and permanency outcomes for children affected by methamphetamine or other substance abuse.

She has been involved in numerous projects related to alcohol and other drug issues in the welfare and child welfare systems. These projects include: development of a CSAT-funded technical assistance publication on substance abuse and child welfare; a report on policy issues and effectiveness of substance abuse treatment for welfare reform published by the National Association of State Alcohol and Drug Abuse Directors

(NASADAD); development of a guidebook for state welfare and substance abuse directors on the substance abuse implications of welfare reform; and the development of a policymakers guidebook on substance abuse issues for the Child Welfare League of America titled *Responding to Alcohol and Other Drug Problems in Child Welfare*. Over the past seven years, Dr. Young has worked as a consultant to over 30 states and regional offices on prevention and treatment issues affecting families involved with welfare and child welfare.

Prior to her current position with Children and Family Futures, Dr. Young served as research consultant to the Directorate of the State of California Department of Alcohol and Drug Programs. During her tenure, she led a consensus effort to develop a statewide outcomes monitoring system in California. Additionally she consulted on the development and was primary author of the California's TOPPS II application, CalTOP. She successfully built political support within the state's alcohol and drug administrators and the new state administration to convert CalTOP into an on-going outcomes monitoring system to be implemented as CalOMS.

Dr. Young is a graduate of Cal State Fullerton and received a Masters of Social Work degree and her Ph.D. from the USC School of Social Work. During her doctoral studies, she was the recipient of a pre-doctoral fellowship with the National Institute on Drug Abuse focused on the public policy and research issues affecting children of substance abusers.

Learning Objectives: Identify current practices and common challenges in using drug testing in the context of child welfare cases

1. Describe key action steps in developing a drug testing protocol
2. State the importance of involving substance abuse treatment partners in developing and implementing drug testing protocols

X X X

1:45 to 3:15 pm
Session TBA

HOT TOPICS TRACK (Friday)

9:15 to 10:45 am

Mental Health Needs of the Veterans Returning from Iraq

--Lt. Col. Marceline Robinson, RN, BSN, MSN, PMHCNS-BC; Capt. Lonnie Buatte, RN, BSN; Wanda Bradshaw, RN-BC, MSN; Mary Ann Boyd, PhD, DNS, PMHCNS-BC

Transition from military to civilian life is especially difficult for the veterans returning from Iraq. These veterans and their families need support from community services after their deployment to Iraq. In this presentation, the mental health needs of the returning veterans will be identified in order to help community agencies address them. An overview to the delivery of mental health services in Iraq and the types of mental health problems that were treated in Iraq will be discussed.

Presenters' Bios: Lt. Col. Marceline Robinson is Associate Chief of Nursing Service, responsible for delivery of mental health nursing care at St. Louis VA. She is also a Lt. Colonel in the U.S. Army Reserves and recently returned from 18 month deployment in Iraq where she coordinated mental health services. Capt. Lonnie Buatte is a Staff Nurse in the Senior Veterans Program at St. Louis VA. Wanda Bradshaw is responsible for monitoring quality indicators of delivery of mental health nursing. Mary Ann Boyd serves as a nursing consultant and educator to the mental health staff.

Learning Objectives:

Discuss the challenges of delivering mental health services in Iraq.

Identify the mental health needs of the returning veterans.

Identify the type of family support services that are needed for the veterans and their families.

X X X

11:00 to 12:30 pm

ETHICAL Implications of Telehealth

--Don Reynolds, JD

X X X

1:45 to 3:15 pm

Maintaining Professionalism: ETHICS in the Workplace

Note: This session will run simultaneously with *Rapid Medicaid Eligibility*

--Colleen Galambos, PhD, MSW

There is an expectation in the workplace that professionals operate within the parameters of ethics set forth by their profession. This workshop will focus on the values, knowledge and skills required of practitioners to effectively work within ethical boundaries as defined by ethical standards and principles that guide and direct interventions with client population groups. Assessment tools and models that are designed to inform practice will be presented which participants can practice using through case examples.

Speaker's bio:

Colleen Galambos, Ph.D, MSW, ACSW, LCSW-C, LCSW, Professor, MU School of Social Work. Dr. Galambos is a national expert in health and mental health care in hospitals and long term care settings. Having practiced as both a clinician and an administrator, she brings a unique skill set to the project. She has over 29 years of practice experience including 9 years of Associate Dean/Director work, and extensive work in association management, medical social work, and emergency psychiatric care. She has served on the Joint Commission on Accreditation of Health Care Organization's Professional and Technical Advisory Committee for Long Term Care, Region 5 Board member for the National Association of Social Workers, Editor- in- Chief of Health and Social Work Journal, Editor- in- Chief of The Journal of Social Work Education, Secretary for the St. Louis Group of Deans and Directors from Carnegie 1 Research Programs, Board Member of the National Association of Deans and Directors of Social Work Programs, and Publication Committee Member for both the National Association of Social Worker and the Council on Social Work Education. In these positions she led National and International social work initiatives. Currently she serves on the Missouri Board of Nursing Home Administrators and several editorial boards. Her research experience includes intervention studies, curriculum design and evaluation, particularly of competency based education models, project evaluation, survey studies, questionnaire construction, qualitative design and action research. Her research has been funded by numerous foundation and state and local contracts including the John A. Hartford Foundation, Jesse Ball DuPont Foundation, and contracts with Maryland, Missouri , and Baltimore City. Dr. Galambos is an active member of the Center for Eldercare and Rehabilitation Technology, and a Fellow of the Interdisciplinary Center on Aging. She is an active member of the TigerPlace Technology Research Team where she is working to apply the sensor technology to early illness detection of mental illnesses

Learning Objectives:

Obtain knowledge of how personal values influence professional behavior.

Obtain knowledge of appropriate ethical conduct in the workplace as defined by professional standards.

Be introduced to ethical screening and decision making tools that can be used in the workplace.

Through the use of case examples, practice using ethical screening and decision making tools.

1:45 to 3:15 pm

Rapid Medicaid Eligibility

Note: This session will run simultaneously with *Maintain Professionalism: ETHICS in the Workplace*

--Pamela Leyhe; Charles Bentley

The session covers the Department of Mental Health's The Rapid Medicaid Eligibility project to increase the participation rate of the department's consumers in the Medicaid program. The project involves providing training to Community Mental Health Centers on the basic eligibility requirements for the categories of individuals who may qualify for Medicaid, the application process, and the disability determination process. It includes the development of screening tools and information on assisting the consumer in providing necessary information to establish eligibility. Session participants will gain a better understanding of Medicaid eligibility, when and how disability must be established, and how to assist consumers in enrolling in the Medicaid program.

Presenters' Bios: Charles Bentley is a former Deputy Director of the Family Support Division of the Department of Social Services. As Deputy Director from 2005 to 2009, he was responsible for policy development and implementation for Medicaid and CHIP eligibility, Food Stamps, TANF and other cash assistance programs. Prior to this he spent nine years as manager of the Medicaid, CHIP, and cash assistance policy unit. He began his career with FSD as a caseworker in 1979, after graduating from Central Missouri State University in 1978. He began work for the Department of Mental Health as Medicaid Eligibility Consultant in Nov. 2009.

Pamela Leyhe is Director of Federal Programs, Missouri Department of Mental Health.

Learning Objectives:

Understand basic eligibility requirements for Medicaid

Understand the disability requirement for Medicaid

Understand how agencies can assist consumers in enrolling in the Medicaid program.

3:30 TO 4:45 PM CLOSING KEYNOTE

NEW

Therapeutic Benefits of Humor in Mental Health Treatment

--Mark Sanders, LCSW, CADC

Participants will leave this interactive keynote address with tools that will enable them to incorporate more humor into their work. A partial list of topics includes: The Therapeutic Benefits of Humor for Clients in Mental Health Recovery; How to Use Humor to Decrease Client Stress and Improve Mental Health; The Use of Humor to Decrease Client Resistance and Facilitate the Building of Rapport; and How to Use Humor to Increase Program Morale and Decrease Organizational Burnout and Compassion Fatigue. This promises to be a fun learning experience.

Presenter's bio: Mark Sanders, LCSW, CADC, is a member of the faculty of the Addictions Studies Program at Governors State University. He is an international speaker in the addictions and mental health fields whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. He is co-author of *Recovery Management* and author of *Relationship Detox: How To Have Healthy Relationships in Recovery*. He has had two stories published in the *New York Times* best selling book series, *Chicken Soup for the Soul*.

Learning Objectives:

1. Be aware of the therapeutic benefits of humor to help clients recover.
2. Be aware of how to incorporate more humor in their individual and group work with clients.
3. Be aware of how to use humor to decrease client resistance.
4. Be aware of how to use humor to increase program morale and decrease compassion fatigue and burnout.